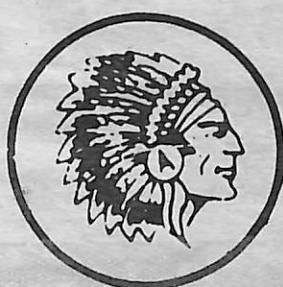


- Agawam Junior High & Middle School HONOR ROLLS
(Agawam High School HONOR ROLL will be published next week)



AGAWAM

Advertiser·News

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750 Cooper St
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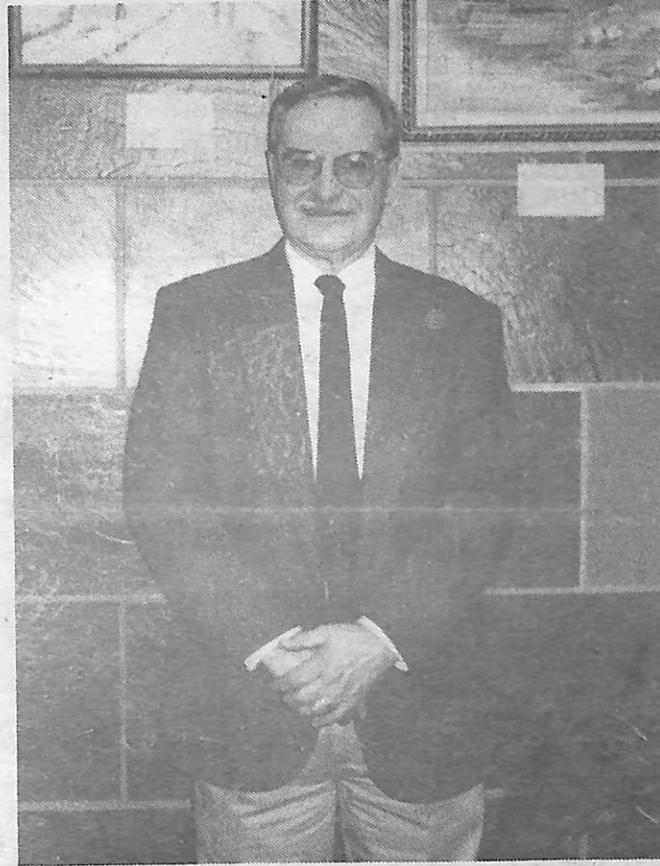
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Volume XXIII Number 16

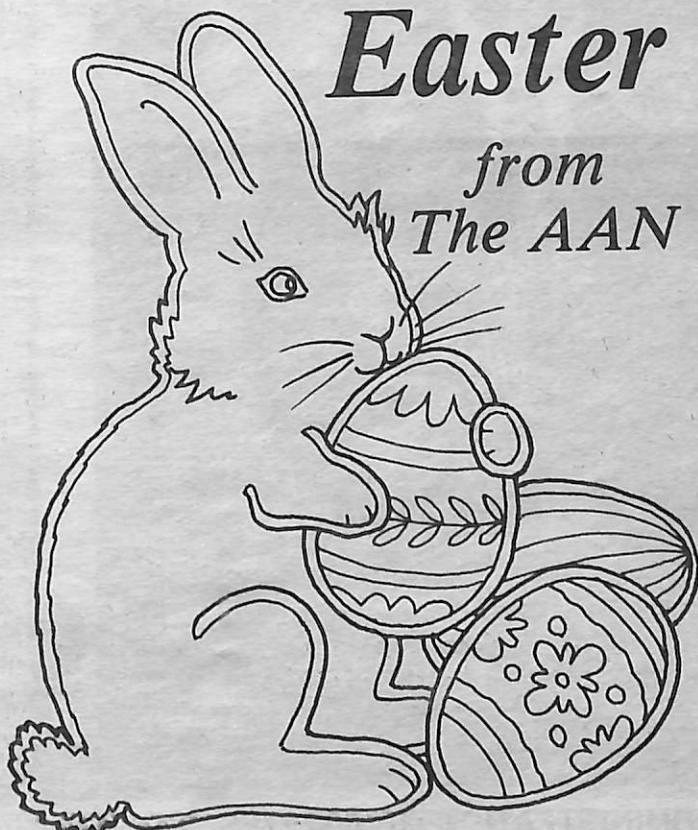
April 20, 2000

Adult Artists Get Their Own Exhibit...



DURING THE MONTH OF APRIL, the adult education art students of Anne Mueller have had their work on display at the Agawam Public Library. IN LEFT PHOTO: Raymond Provost with his painting, "Christmas In Vermont." IN CENTER PHOTO: Bill Beaudry, "Mill In West Virginia." IN RIGHT PHOTO: Aspacia Arvanitis Stanos, "Coliseum." (See additional photos in "Arts." Advertiser News photos by Kathy Shepard.

Happy
Easter
from
The AAN



Mawaga Members Mighty Hungry...



AT THE END OF MARCH, the Mawaga Club (located on Adams Street, Agawam) held its annual banquet on the club grounds. Among those in attendance were the following club members (pictured from left to right): Rick Van Heusen, Mike Roberts, Bill Raymond, and Jack Williams. (See related photos in "Sports.")



Attorney at Law

SCOTT AND ALBERT

Reflections On Military Memorials, Veterans' Corner...

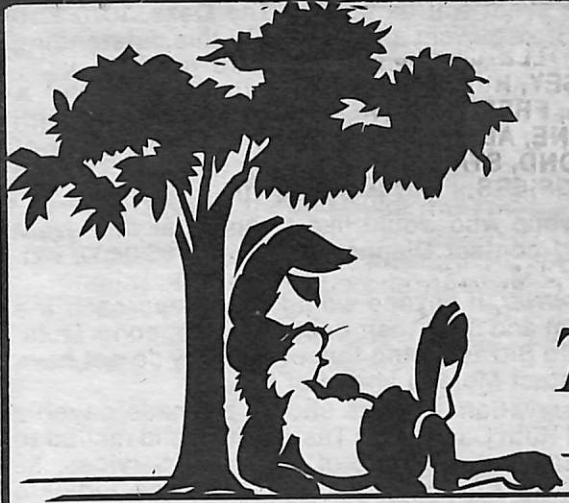
The Agawam Advertiser-News

April 20, 2000

Best local news — ANNN!

Melconian Projects Victims' Address Confidentiality

Phipps Discount Liquors



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Feeding Hills Center

786-8471

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APRIL WINE SPECIALS

Bolla (1.5 Ltr.) <i>Merlot, Bardolino, Soave, Valpolicella, Pinot Grigio, Cabernet Sauvignon</i>	\$9.99
---	---------------

Sutter Home (1.5 Ltr.) <i>White Zinfandel, Sauvignon Blanc</i>	\$6.99
<i>Cabernet Sauvignon, Chardonnay, Merlot</i>	\$8.99

Almaden Vineyards (5 Ltr. Box) <i>White Grenache, Mt. Chablis, Mt. Rhine, Golden Chablis, Blush, Alfresco Red</i>	\$7.99
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M. Trinchero (750 ml.) <i>Merlot, Chardonnay</i>	\$9.99

Turning Leaf (750 ml.) <i>Pinot Grigio, Chardonnay, Cabernet Sauvignon, Merlot</i>	\$5.99
<i>White Zinfandel</i>	\$4.99

APRIL LIQUOR SPECIALS

Canadian Club (1.75 Ltr.)	Fleischmann Whiskey (1.75 Ltr.)	Jack Daniels (1.75 Ltr.)	Bacardi Spiced Rum (1.75 Ltr.)	Fleischmann Gin (1.75 Ltr.)	Cossack Vodka (1.75 Ltr.)
\$16.99	\$11.99	\$26.99	\$15.99	\$11.99	\$9.99
Finlandia Vodka (1.75 Ltr.)	Kahlua (750 ml.)	Southern Comfort (1.75 Ltr.)	Clan MacGregor (1.75 Ltr.)	Tropico (750 ml.)	Mike's Hard Lemonade (6 Pk. Btls.)
\$21.99	\$13.99	\$17.99	\$13.99	\$9.99	\$4.99

APRIL BEER SPECIALS

Busch And Busch Light (30-Pk. Cans)	Coors And Coors Light (30-Pk. Cans)	Keystone Light (30-Pk. Cans)	Heineken (Case — 24 12-Oz. Btls.)	Miller Genuine Draft & MGD Light (Bar Btls.)
\$12.99	\$16.99	\$10.99	\$19.99	\$10.99
Labatt's (12-Pk. Cans)	Harpoon (12-Pk. Btls.)	Saranac (12-Pk. Btls.)	Sierra Nevada Pale Ale (12-Pk. Btls.)	Beck's & Beck's Light (12-Pk. Btls.)
\$6.99	\$9.99	\$8.99	\$11.99	\$10.99

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Letters To The Editor

An "Easter Message" From Parish Cupboard In W. Spfld.

To The Editor:

At this time of Easter bunnies and chocolate, we want to share a little bit of information with you.

We know what Easter is here! The services we provide here at the Parish Cupboard originated in the Christian community in West Springfield. The need and the outpouring of generosity grew to be housed here at 1023 Main Street in West Springfield. The love and care that our townspeople have for their neighbors stretches across the bridge into Agawam and Feeding Hills and beyond to match the need that comes from those towns and beyond.

When we love and serve our neighbors, we imitate Jesus. As the sun shines on our Parish Cupboard today, it's easy to think of the beauty of the resurrection of Jesus. We know about Easter and resurrection here because we also know pain, anguish, fear, prejudice, and death here.

Even hungry person is fed here. Every lonely person is befriended here. Every person who has been turned away because of their addiction or other bad habits finds a helpful ear and sometimes a solution here. Most every person in pain finds relief.

When we see hunger, homelessness, sickness, and desperation, we see Jesus crucified. When we see children teased by their peers because they weren't born here in our country, we remember how Jesus was mocked by his peers.

When we answer our door to those of you who bring us food, clothing, money, and your willing hands and hearts, we participate in the resurrection of Jesus here, in Western Massachusetts, 2000 years after Jesus walked this earth.

And when we mourn one of our homeless men, as we do today, we know that he was loved, he was fed, he was clothed, and he is missed. Our friend, Ozzo, who stood begging for food in front of the Big E, is now our witness to the resurrection and at home in heaven.

Happy Easter with our sincere gratitude,
Candy A. Boucher
Executive Director
The Parish Cupboard

The AAN Should Clear Up Any Fears About Games & Lanes

To The Editor:

My extreme disappointment in *The Agawam Advertiser News* began in the fall of 1999. Although I weekly read the paper searching for a few lines of acknowledged responsibility, it has never been evident to this reader.

In the fall of 1999, there was a "drug related arrest" in the corner of the Games & Lanes parking

* * *

For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice. Thank you for your cooperation in this matter...

David A. Ladizki

Attorney At Law



46 Suffield Street
Agawam, MA 01001

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lot. It could have been Stop & Shop or the Town Hall. Would Stop & Shop or the Mayor be held responsible?

That same week, a "sting operation" was set-up at a Friday night dance at Games & Lanes. This plan led to the arrest of the manager for resisting arrest upon attempting to protect his business.

The Advertiser presented these events as one. The interpretation presented by *The Advertiser* was that the manager was a drug dealer, a menace to our children. This interpretation that *The Agawam Advertiser News* is responsible for, has damaged Games & Lanes in many ways.

As little as four weeks ago, a trial was held in Hampden County District Court. A jury of eight found the Games & Lanes manager NOT GUILTY of all charges. *The Advertiser* was quick to report the incident, however, they have not responded to the finding of Not Guilty.

My son began bowling at Games & Lanes over three years ago. He is in the after-school bowling league. This league offers children a chance to bowl on Tuesdays or Thursdays (with a new Pokeman bowl on Wednesdays) for the cost of only \$4 a week. At the end of the session, they are treated to a pizza and drink event and given trophies.

These leagues offer an opportunity for advancing self-esteem, improving coordination, making new friendships, learning to be a part of a team, experiencing competition, and finding confidence in a sport that offers a chance for all to do well.

Since *The Advertiser* decided to report these events in such an erroneous manner, I have seen the damage done to this program. Before this article was published, the weekly numbers ran upwards of 150 children. This last session, there were seven children on Tuesday.

I believe that *The Advertiser* needs to be accountable for responsible reporting. I believe that it is time for that responsibility to take place "in writing." I believe that an article from *The Advertiser* would erase the fears of the parents whose children could enjoy this wonderful opportunity.

Sally M. Loos
Agawam

Epilepsy Awareness Committee Says "Thanks" For Support

To The Editor:

Our sixth Annual Dinner Dance for Epilepsy Awareness was held on Saturday, February 26, 2000 at Chez Josef in Agawam. This exciting event brought together over 625 people!

We would like to thank you for advertising our dinner dance through your newspaper! Your contribution helped to make this year's Dinner Dance our most successful. Over \$35,000 was raised, but more importantly, the Western Massachusetts Epilepsy Awareness Committee raised much-needed awareness about this neurological disorder!

Proceeds from this year's event will benefit The Epilepsy Foundation of Massachusetts & Rhode Island, the only not-for-profit organization serving the more than 80,000 people from these states that live with epilepsy and seizure disorders.

The support of local businesses and individuals is critical to the success of our fundraising efforts. Without your kind generosity, we would not be successful in our efforts to promote Epilepsy Awareness!

With sincere appreciation,
Carol Pietroniro
Western Mass. Epilepsy Awareness Committee

* * *

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* * *



The Agawam Advertiser•News

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786-8137

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On Saturday, May 6th...

Retirement Dinner & Dance For Veterans' Agent Ruth C. Bitzas

A gala Retirement Dinner & Dance is scheduled to be held Saturday, May 6 for Ruth Carr Bitzas, Agawam Veterans' Agent and Director of the Western Hampden District, who will be retiring on April 14th.

The event will be held at The Oaks, 1070 Suffield St., Agawam as a tribute to this outstanding advocate for veterans the past 18 years.

Deadline for reservations is April 30th. A cocktail hour will be held from 6:00-7:00 p.m., with dinner at 7:15. The menu will include choice of prime rib of beef or baked filet of scrod. Cost is \$30 per person and tables of 10 are available.

Anyone who would like to speak at this event should contact Dianne Moreau at 786-0400, ext. 236 or 237.

However, if anyone would like to approach the podium and offer their best wishes or congratulations to Bitzas during this event, they do not have to contact Moreau ahead of time.

Reservation checks should be made payable to the Ruth Carr Bitzas Testimonial, and mailed to Dianne Moreau, Dept. of Veterans' Services, 36 Main St., Agawam, MA 01001. Please indicate your entree choice when making reservations and the number of people.

Regular School Committee Meeting

Agawam Middle School, 68 Main St.
Tuesday, April 25th, 7:00 P.M.

1. Call to Order.
2. Moment of Silence.
3. Citizens' Speak Time.
4. Roll Call of Attendance.
5. Superintendent's Notes.
6. Highlight on Education.
7. Old Business:
SCR00-18: Adoption of District School Improvement Plans.
8. Business Meeting:
a. Routine Matters.
1) Approval of Minutes.
2) Calendar/Correspondence.
b. Warrants/Transfers.
c. Reports.
9. New Business:
SCROO-19: Approval for Expenditure of \$75,000 of Supplemental Budget.
10. Policy Review.
First Reading:
a. "JICGA" Breath Analyzer Policy.
b. "JJE" Student Fund-Raising Activities.
c. "KF" Community Use of School Facilities.
11. Any other action which may legally come before the Committee (limit one question).
12. FY 2001 Budget Review.
13. Adjournment.

* * *

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you for your cooperation in this matter ... AAN!!!

Two Park Benches To Be Donated To Parish Cupboard

The Parish Cupboard has announced that the Town of Agawam will donate two of the park benches produced by its Department of Public Works to the food pantry/soup kitchen. The benches will be delivered in the new couple of weeks.

"We hope to provide a place for hungry people to sit while they wait for our services," said Candy Boucher, Executive Director. "It will be so nice to offer the same hospitality outside the building as we do inside."

In addition, the Parish Cupboard hopes to beautify its corner at Main Street and New Bridge Street in West Springfield by planting some new grass and some flowers. Donations of plants, seeds, or other garden items would be most appreciated.

"The park benches will be a symbol of the commitment of our neighbors in Agawam. The benches are everywhere there. We are so proud to be their neighborhood food pantry and soup kitchen," concluded Boucher.

LEGAL NOTICE

LEGAL NOTICE

**TOWN OF AGAWAM
AGAWAM CONSERVATION COMMISSION**

The Agawam Conservation Commission will hold a public hearing on Thursday, April 27, 2000 at 7:30 PM in the Faolin Peirce Community Room, Agawam Police Station, 681 Springfield Street, Feeding Hills, MA. The purpose of this hearing will be to hear the petition of Silver Lake Corp. for an amendment to an existing Order of Conditions to allow for a three year maintenance herbicide and algaecide treatment program, subject to the Massachusetts Wetlands Protection Act.

By Order of Henry A. Kozloski, Chairman
Agawam Conservation Commission
Published: April 20, 2000

* * *

Classified ads in the Advertiser News cost just \$10 per week for 30 words or less; however, we DO NOT take them over the telephone. Please bring them to our office at 14 Southwick Street (in the Crossroads Shoppes), Feeding Hills, or mail them (with payment) to P.O. Box 263, Feeding Hills, MA 01030.

* * *

Chmielewski Now Part Of COA...



FORMER AGAWAM POLICE CHIEF Stanley Chmielewski (far right) was recently sworn in by Town Clerk Richard Theroux (second from the right) as a member of the Agawam Council On Aging (COA). Looking on are Agawam Town Council President Robert Magovern (far left) and Mayor Richard Cohen. *Advertiser News photo by Kathy Shepard.*

FireWise... by Fire Chief David Pisano

Matches & Cigarette Lighters Are For Adults

Many fires are caused simply by a combination of a small child's curiosity and the availability of matches or a cigarette lighter. The resulting fires have some of the most disastrous consequences because of a small child's inability to understand that the match they had just lit is the same match that caused the fire that destroyed the house.

The Agawam Fire Department suggests that if you have small children in the home, keep matches and cigarette lighters up high, out of their reach.

- As children begin to understand cause and effect, teach them that matches are a tool and should be used only by adults or under adult supervision.

- Teach children that, if another child has matches, they should get away from the child and warn an adult so that an accidental fire will not occur and the child will be prevented from getting burned.

For further information, contact the Agawam Fire Department at 786-2662.

PLEASE PICK UP YOUR OLD PHOTOS: If you've brought photos to our office for wedding announcements, scouting events, athletic teams, etc., we encourage you to pick them up during the month of April. As of April 30th, we will be disposing of all unclaimed photographs.

* * * * *

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Next Meeting On May 8th...

Agawam Cultural Council Looking For More Members

The Agawam Cultural Council is looking to expand its membership. The council sponsors the "First Friday" series and also administers the Massachusetts Cultural Council funds.

These funds are given to the Town of Agawam for its various programs for schools and the townpeople of Agawam, including the "Summer Concert" series co-sponsored by the Rotary Club of Agawam.

The council's meetings are held on the second Monday of the month from September through June. For further information, please contact Sylvia Deliso at 786-1859.

The next meeting will be on May 8th at the Westfield Bank, Main Street, Agawam. Anyone interested in the council and its programs is invited to attend.

LEGAL NOTICE

LEGAL NOTICE

TOWN OF AGAWAM AGAWAM CONSERVATION COMMISSION

The Agawam Conservation Commission will hold a public hearing on Thursday, April 27, 2000 at 7:00 PM in the Faolin Peirce Community Room, Agawam Police Station, 681 Springfield Street, Feeding Hills, MA. The purpose of this hearing will be to hear the petition of Kolodziej for work to be performed on Moore Street, subject to the Massachusetts Wetlands Protection Act.

By Order of Henry A. Kozloski, Chairman
Agawam Conservation Commission
Published: April 20, 2000

For the best in local goods and services, be sure to check our classified ads...

— Agawam Obituaries —

Paul A. Desaulniers

Paul A. "DX" Desaulniers, 58, of Yorktown, Virginia, died recently at Portsmouth Naval Hospital in Port.

He was a project manager at KAJAX Engineering.

Born and raised in Agawam, he graduated from Agawam High School and McKendree College in Lebanon, Illinois.

He served in the Air Force during the Vietnam War and retired in 1980.

He leaves his wife, the former Suzanne Parent; two daughters, Nicole Desaulniers-Moline of Templeton, California, and Alena Desaulniers of Rolling Meadow, Illinois; a brother, Peter Desaulniers of San Leandro, California; two sisters, Susan Patnode of Agawam and Joanne Caulfield of Chelmsford; and a grandson.

The funeral was held at Agawam Curran-Jones Funeral Home and in St. Louis de France Church in West Springfield, with burial at the convenience of the family.

Memorial contributions may be made to the American Leukemia Society, Box 21, 2101 Executive Drive, Hampton, Virginia, 23666, or Whippet Rescue Society, in care of Peggy Bush, 1201 Keats Drive, Dallas, Texas 75211.

William A. Chechile

William A. Chechile, 70, of 125 Beekman Drive, Agawam, died recently at Baystate Medical Center in Springfield.

He was a 43-year printer at the former Walter Whittum Inc. in Springfield and retired in 1992.

Born in Springfield, he was a graduate of Cathedral High School.

An Army veteran of the Korean War, he achieved the rank of corporal and received the Korean Service Medal with two Bronze Service Stars, the United Nations Service Medal, and a Presidential Unit Citation.

He leaves his wife, the former Shirley J. Tobey; a son, Ronald W. of Agawam; a daughter, Donna M. Fay of Feeding Hills; his mother, Madeline (Fernandez) Chechile of Agawam; four grandchildren; and two great-grandchildren.

The funeral was held at Colonial-Forastiere Funeral Home, with burial in Agawam Center Cemetery.

In Loving Memory Of Emily White Dintzner

Who Passed Away September 15, 1999

Happy 2nd Birthday

(April 25th)



To our precious little girl who is
Always in our thoughts.

We love you and miss you.

Mom, Dad, Daniel, Nathaniel, Tabitha,
Grandma Birchall, & Auntie Grandma

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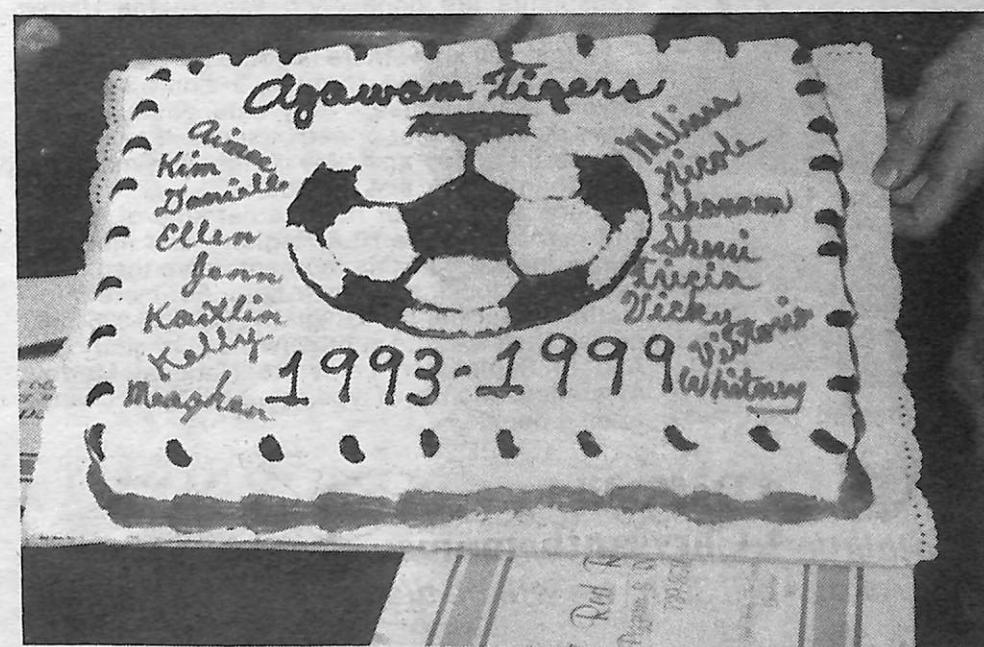
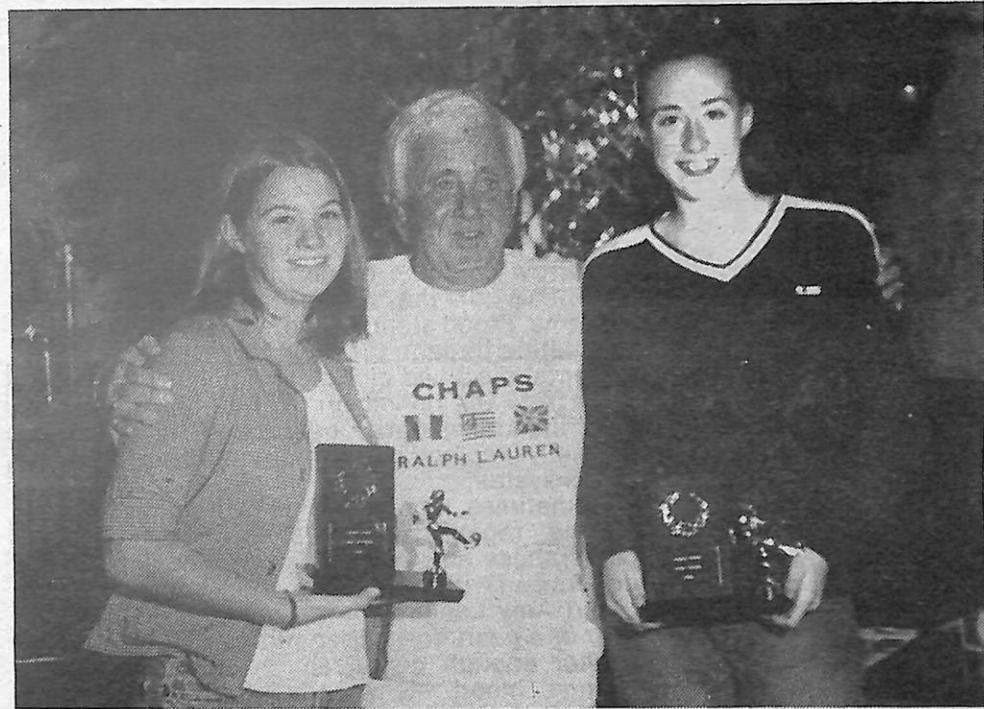
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We'll Always Remember ED BROWN



*Sadly Missed By
The Players, Parents, And Friends Of
The Agawam Tigers Girls' Soccer Team
(Fall 1993 - Spring 1999)*



Families

Amy Langevin Relates Her Experiences...

Agawam Native Makes Courageous Contribution

by Kathy Shepard
Feature Editor

Amy Langevin grew up in Agawam and her family has lived here most of her life. She works at ESPN as network operations coordinator. She attended Cathedral High School and worked for Channel 22 for several years prior to accepting her current position.

In paying attention to news about Caitlyn Batista, a West Springfield child who eventually lost her life to leukemia several years ago, Amy learned of the HLA Registry Foundation, part of the National Marrow Donor Program.

More than 3.5 million Americans are enrolled in the National Marrow Donor Program, and on a worldwide scale, more than six million people have registered as potential donors. While patients enjoy a 70 percent chance of finding donors who can save their lives, the chance of being called on to actually become a donor is close to zero.

Amy Langevin's story is unusual because of dual experiences with bone marrow transplants. She had a special friend named Larry Pizzano from Wakefield, a young liberal arts student she met when she was attending Westfield State College studying communications and television production.

Larry needed a marrow transplant due to a genetically inherited immune deficiency disease. A donor was located, the transplant was successful, but during the vulnerable time early after the procedure, he contracted pneumonia and did not have enough strength to fight it. He died on November 13, 1998 at the age of 21.

An Exact Match

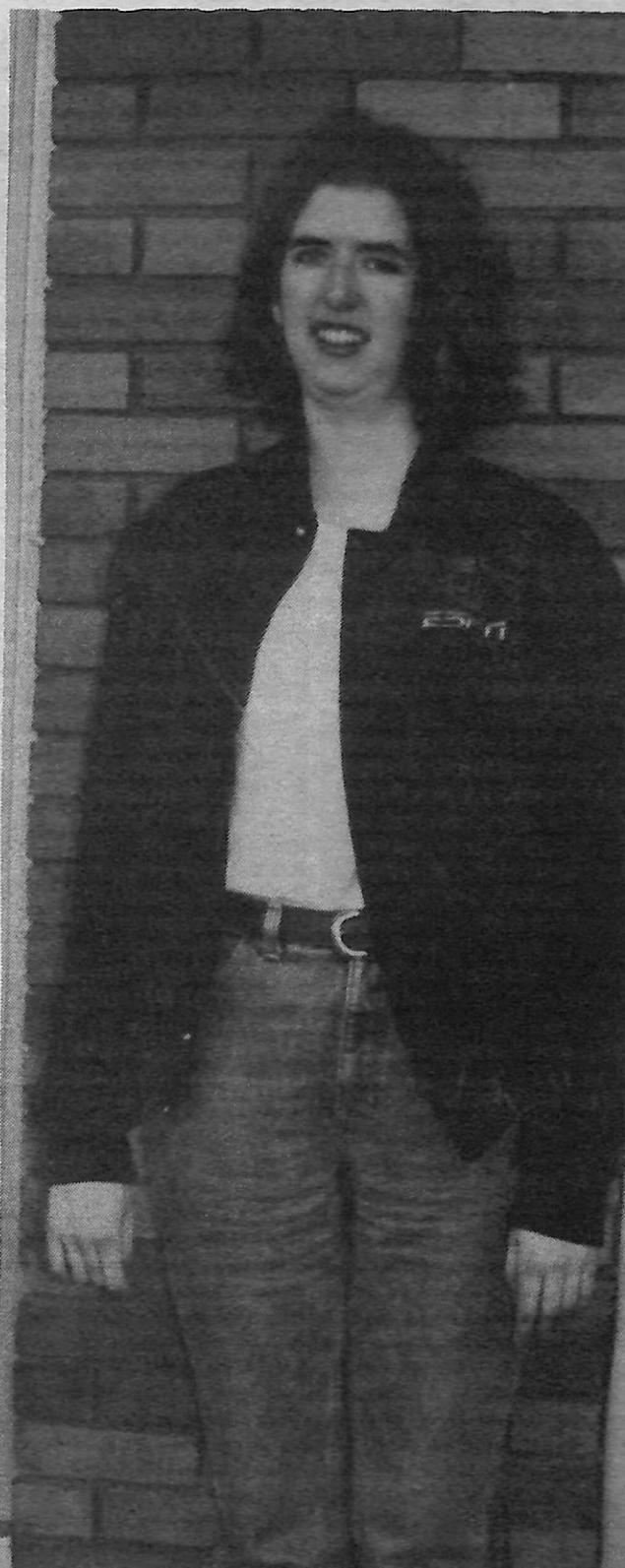
During the week of the November 13th of the following year, Amy got her first phone call from the HLA registry to tell her she was a possible match. She told one of her school advisors that she would "flip out" if HLA called back during the week of Larry's birthday. Sure enough, during the week of January 29, 2000, Amy received a call telling her that she was an exact match for a patient!

The actual harvest (the word used when marrow is taken from a donor) took place on February 24, 2000 at the University of Connecticut Medical Center, John Dempsey Cancer Center in Farmington, Connecticut. She was kept in the Bone Marrow Unit because there was a room available. Had there not been one, she would have been given a private room somewhere in the regular hospital.

Bone marrow transplants have carried a reputation as being painful, but Amy said she was driving a car after two days. "They gave me anesthesia during the procedure and I could have had pain killers afterward, but I did not need them," she remembers. "I did have to take iron pills three times a day for a month, though, because of a low blood count, but those were the only medications."

"They are intent on protecting the donor. As much as they want to cure one person, they're not going to risk another person's life. The amount of blood they take has to be in the right proportion to the donor's body weight. They took 1,500 cc's from me, a little over a liter-and-a-half."

"The staff was fabulous, including the doctors, nurses, nurses' aides, nurse practitioners, and everyone involved. The procedure took about an hour-and-a-half, under general anesthesia. The marrow is taken from the lower back, behind the waist, where the 'dimples' are," said Amy.



BONE MARROW DONOR Amy Langevin.

Advertiser News photo by Kathy Shepard.

"During the transplant," said Amy, "a doctor was on one side of me, a nurse practitioner on the other side. There was an incision on either side. Each left a small mark, about the size of a freckle, which will go away in time."

Although bone marrow is contacted 120 times

on each hip, the healthcare providers have a way of moving the needle that only leaves the tiny marks. "It sounds worse than it is," Amy reports. "There is really very little pain. My back was stiff for a few days, but I was up and walking around after six hours, although I was attached to an IV."

It is Amy's understanding that from the time the marrow is harvested to the time it is given to the patient is about three weeks. "I know mine is for a 42 year-old woman. If we want to communicate with each other, we have to go through the HLA representative for a year. After that, if both parties request and agree to communicate, we can do so on our own."

The National Marrow Donor Program recruits volunteer donors who consent to giving a blood sample for tissue typing. The potential donor's genetic and biographical information is placed in the registry. If they are found to be a match for a particular patient, they are notified by the HLA.

National Marrow Awareness Month

During National Marrow Awareness Month, potential donors can give blood for this purpose; last year, people were on standby at local post offices with information and sampling equipment. "An HLA representative stays in touch with the donor for a month, once a week, to make sure you're doing okay," she has learned.

There are approximately 30,000 American children and adults diagnosed every year with leukemia, aplastic anemia, or some other deadly disease of the blood, and there are tens of thousands of victims of such diseases around the world. Marrow transplants can save many of these people if a compatible donor can be found.

Marrow contains blood stem cells, which are the basis of the body's blood and immune systems. Blood stem cells are also found in blood circulating through the body. Transplants replace patients' diseased blood stem cells with healthy cells from the donor, and within just a week or two, the transplanted cells begin to reproduce normally, replacing the patients' blood and immune system.

Sometimes, many years go by from the time someone registers, and their health or circumstances may have changed. These potential donors can withdraw from the registry at any time.

But Amy Langevin knew it is easier to find a liver or a heart donor than it is to find two people similar enough genetically to successfully exchange blood stem cells. Only about 1,500 transplants are done each year in the United States, but donors rarely refuse.

"When you know there is someone who will die if you don't follow through, I don't see how anyone could refuse," Amy said. Although she plays down any fear or nervousness, it must have taken a lot of courage. "My mother was more nervous than I was," she tells us.

There are many of these quiet kind of heroes and heroines in the HLA Registry, and more are always needed. At this moment, more than 3,000 people are looking for their hero. For more information about the HLA Registry, call 800-336-3363 or visit their website at <http://www.hlaregistry.org>. And in September, celebrate National Marrow Awareness Month. Maybe there will be a chance to be a hero.

PLEASE PICK UP YOUR OLD PHOTOS: If you've brought photos to our office for wedding announcements, scouting events, athletic teams, etc., we encourage you to pick them up during the month of April. As of April 30th, we will be disposing of all unclaimed photographs.

* * * * *

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MR. & MRS. ROBERT WILLIAM WATSON



JOSEPH P. MARSH & ANGELA TOWNSEND

Celina J. Barsamian Becomes Bride Of Robert W. Watson

Celina Joyce Barsamian and Robert William Watson are pleased to announce their marriage that occurred on Sunday, March 5, 2000 at First Parish Church in Bedford, Mass.

Celina is the daughter of Robert and Marijan Barsamian of La Crescenta, California. Robert is the son of Robert and Elaine Watson of Agawam.

The flower girl was Elisabeth Watson and the ring bearer was Sarah Watson, both daughters of Robert Watson.

The bride is employed by Billerica Crossings Assisted Living Center as the Executive Director/RN. The groom is employed by Information Resource Products, Inc. as a Software Engineer.

After a short honeymoon to Cape Cod, the couple returned to their home in Billerica, Mass.

Angela Townsend Engaged To Wed Joseph P. Marsh

Mr. & Mrs. Norman Townsend of Newark, DE, formerly of Agawam, would like to announce the engagement of their daughter, Angela Townsend, to Joseph P. Marsh, both of Vernon, CT. Joseph's parents are Mr. & Mrs. Robert Marsh of Feeding Hills.

Angela is a 1991 graduate of Masuk High School in Monroe, CT, and Southern Connecticut State University, where she received her bachelor's degree in communications in 1995. She is currently working at MassMutual Financial Group in Hartford, CT, as a trainer in the Disability Income Division.

Joseph is a 1990 graduate of Agawam High School and Westfield State College, where he received his bachelor's degree in criminal justice in 1994. He is currently pursuing his master's degree in criminal justice at Western New England College. He is employed as a Connecticut state trooper out of the Colchester barracks, Troop K.

An April 28, 2001 wedding is planned.

Agawam Junior Women's Club Schedules "Membership Tea" For Thursday, May 4th

Are you looking for a way to become more involved in your community? Are you interested in making new friends while you help others? The Agawam Junior Women's Club needs you.

We are an organization dedicated to providing support to our community in a wide variety of areas. Some of our projects include: our annual Arts & Crafts Festival for scholarships, Holiday Baskets for needy families, Pancake Breakfast with Santa & Mrs. Claus, Spelling Bee, Essay Contests, ushering at City Stage, and more.

Club social events include a monthly Fun Night (for members and a significant other). We also have family activities such as an Easter Party and an annual Family Cookout.

Monthly meetings are held on the third Tuesday of each month at 7:30 p.m. at the Captain Charles Leonard House on Main Street in Agawam.

If you are interested, join us at our Membership Tea on Thursday, May 4th, at 7:00 p.m. at the Community Room at the Agawam Public Library. Members will be available to answer questions and discuss club activities.

Come to see if this is the organization for you. If you are unable to attend and have questions, call Theresa Conklin at 786-6515.

The Agawam Junior Women's Club is a member of the General Federation of Women's Clubs, Junior Membership.

Please remember to patronize your local businesses ... ADVERTISER NEWS!!!

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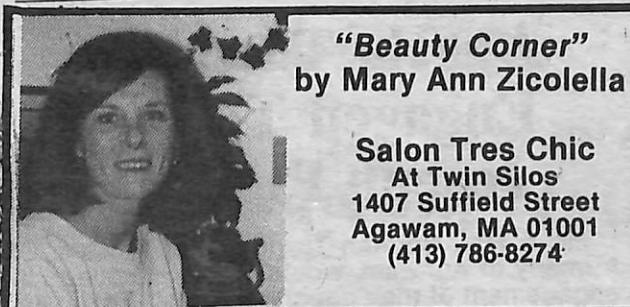
Easter Sunday
April 23rd
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To
4:00 P.M.



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Got A Hair, Nail, Or Beauty Problem? Send Us A Note, And We Will Answer It In Our Column...

I will continue my report on ingredients that can be found in cosmetics. This week I will add some definitions and functions of these additives.

* **Squalane** is a nutrient-rich oil found in human sebum (oil) and olive oil. It lubricates and conditions and is a natural anti-bacterial and healer. It can penetrate the skin and spreads easily.

Other moisturizing ingredients are:

- * isopropyl palmitate
- * lactic acid
- * PEG-100 stearate
- * propylene glycol
- * glyceryl stearate
- * hyaluronic acid
- * petrolatum
- * plant oils like avocado, apricot, peach kernel, and sweet almond

Other antibacterial ingredients are:

- * diazolidinyl urea
- * methylchloroisothiazolinone
- * SD alcohol-40

Other healing ingredients are:

- * peppermint oil
- * tea tree oil
- * rosemary extract
- * tocopherol (vitamin E)

Kaolin is a white Chinese clay that helps to absorb oil and can be found in clay-based facial masks and cleaners. If there is a high content, it can be over-drying.

Bentonite is another common clay which comes from volcanic ash.

Sulfur is derived from natural volcanic material. It allows the penetration of active ingredients and/or removal of unwanted contaminants. It deters oil build-up on the scalp and kills fungi.

Bisabolol is an active anti-inflammatory agent derived from Chamomile. When applied to the skin, it may quickly reduce inflammation, swelling, and itching without impairing the skin's natural functions. It is considered excellent for sensitive skin.

Lactic acid is naturally produced in the body and maintains the skin's pH. It moisturizes and softens hair and skin and is used to adjust pH levels. Other pH adjusters are:

- * triethanolamine (TEA)
- * cetyl betaine (from palm oil)
- * linoleamide DEA
- * aminomethyl propanol

Dimethiconol panthenate is a combination of the B vitamin fraction Panthenol and an emollient silicone conditioning agent. It is water-binding conditioning agent. Other conditioners are:

- * jojoba oil
- * guar hydroxypropyltrimonium
- * wheat germ oil
- * hydrolyzed soy protein
- * lecithin
- * aloe vera gel.

Thoughts for a smile: busy birds making their nests.

Remember ... beauty is our business!



French Toast Breakfast At The Senior Center On April 30th

The "Friends of the Agawam Senior Center" will hold their second annual French Toast Breakfast on April 30th at the Agawam Senior Center. There will be continuous servings from 8:00 a.m. until 12:00 noon.

The menu will consist of French toast, sausage, orange juice, and coffee, milk, or tea. We will have an egg substitute for those who can't have eggs.

"Friends" will be assisted by the Agawam Lions Club, who will do the cooking.

This promises to be an enjoyable morning with family and friends. We hope to see many of our friends and civic leaders come out for this event.

The tickets will be \$3 for adults, and \$1.50 for children under 10 years of age. Tickets may be purchased from any member of "Friends" or at the Senior Center.

Locations Include Sites In Agawam...

Various Summer Day Camps By Pioneer Valley Girl Scouts

Pioneer Valley Girl Scout Council day camps are just for girls! But girls do not have to belong to the Girl Scout organization already in order to register.

The summer 2000 day camps are open to all girls, ages five and up, and run in one-week sessions from late June through mid-August.

Wonderful programs are planned at Chicopee State Park, Dean Pond in Monson (Brimfield State Forest), Spec Pond in Wilbraham, and at Robinson State Park and Freedom Farm Stables, both in Agawam.

Girls can publish a newspaper, solve a mystery, compete in 'outrageous olympics,' make jazzy jewelry, play Blue Clues and Pokeman, go mad for Hawaii or the wacky wild west, and more.

Teen girls have their own special camp sessions for high adventure, rowing, and a trekking travel adventure through New York State. A girls' golf camp for girls in grades four through 12 will run for two sessions in July.

New this year is the "Millionaire Mania" camp, June 26th-30th, a money management and investment camp for girls in grades seven through 12, facilitated by volunteers from Salomon-SmithBarney.

Most of the camps run Monday through Friday, 9:00 a.m.-4:00 p.m.; cost is \$80 per session. Millionaire Mania camp is \$50 for the week.

Horseback riding camp runs from Monday to Friday, 9:00 a.m.-1:00 p.m. and is \$100 for one of the several five-day sessions. There is one two-day session in July for more experienced riders only, at a cost of \$180. Girls who want to go to one of the horseback riding camps must be in grade three or older.

The Summer 2000 Camp booklet tells about all the great Girl Scout day camp programs. Registration forms are in the booklet; any girl can register -first come, first served. Girls do not have to be Girl Scouts already in order to register.

Contact Pioneer Valley Girl Scout Council at (413) 525-4124 or 1-800-639-7047 to get your camp booklet. Or write to Camp Brochure, Pioneer Valley Girl Scout Council, Inc., 40 Harkness Ave., East Longmeadow, MA 01028.

Job Openings Available

There are still a few job openings available for staff positions. Contact Debbie Bonzek at Pioneer Valley Girl Scout Council for an application.

For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice. Thank you for your cooperation in this matter...



LANCE CORPORAL PATRICK DUNPHY

Lance Cpl. Patrick Dunphy Receives Prestigious Award

Lance Corporal Patrick Dunphy, son of Mr. & Mrs. James Dunphy of Agawam, recently received a Meritorious Mast Award for his heroic actions in December.

While returning from his post, Dunphy observed a fire in a local car repair shop. He awoke a sleeping employee in the shop, proceeded to notify neighboring residents, and requested fire department assistance.

The award cited him for "his situational awareness, quick thinking, and for being an example for all Marines by keeping with the highest traditions of the United States Marine Corps."

Dunphy graduated from basic training from Parris Island, South Carolina, on May 12, 1999, with a meritorious rank of private first class. He was promoted to lance corporal in January 2000.

He is currently stationed in Washington, D.C. at the Marine barracks.

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On Saturday, May 13th...

Mother's Day Craft Fair Set For West Spfld. Town Common

The annual Mother's Day Craft Fair will take place once again on the West Springfield Town Common on Saturday, May 13th, from 9:00 a.m. to 5:00 p.m. This event, which is sponsored by the West Springfield Partnership for Education, will be held rain or shine, with free parking.

Over 100 crafters from near and far are registered to exhibit. A 50/50 raffle will be held, with the winner to be announced at the day's end. (You do *not* need to be present to win.)

Other raffles and surprises will be available, along with food at the UNICO Booth and exhibits at the Senior Center. Bring your shopping list and join us for handmade, creative articles.

We look forward to seeing you on the 13th!

Mtgs. To "Take Off Pounds Sensibly" At Christ Church, Swk.

Come and join the fun and lose weight, too. TOPS (Take Off Pounds Sensibly) is hosting a free meeting and seeking new members interested in losing weight and keeping it off.

If you want to lose weight and make new friends who are in the same boat, come and join us for a free meeting. Meetings are held every Wednesday night at Christ Church United Methodist, 222 College Highway, Southwick.

Weigh in from 6:30 to 7:00 p.m., with meeting to start sharply at 7:00 p.m. until 8:00 p.m. Come try a free meeting. If you like what you see, it is only \$1 per week to have fun and lose weight. To join for a year is only \$20, which includes our TOPS magazine mailed to your house throughout the year.

So, you have nothing to lose, but unwanted weight! For further information, call Deidre at 572-3092 or Pat at 786-4122. Hope to see you!

Handing Over The Chapter II Gavel



EARLIER THIS MONTH at The Oaks in Agawam, the Agawam Golden Age Club, Chapter II, held its luncheon for the installation of new officers. IN THE PHOTO ABOVE: Arthur Collier (far right), installing officer, hands over the gavel to Perry McCobb (far left), president of the Chapter II. Looking on is Eileen Collier (center), marshall. (See related photos on Page 12.) Advertiser News photo by Kathy Shepard.

Academy Of Artistic Performance Seeks Past Dancers To Celebrate 25th Silver Anniversary

Calling all past Academy of Artistic Performance Dancers! Celebrate our 25th Silver Anniversary by joining us for Recital 2000. Get out those dancing shoes and batons!!

From our beginning studio on Elm Street in West Springfield to our large facility in Feeding Hills, many of you have been a part of our past. Time goes by, but we remember all the people who have made The Academy of Artistic Performance a special place.

We will hold a practice (a familiar word from your past) at the Agawam Studio, 1325 Springfield St., Feeding Hills on Saturday, May 13th from 9:00

a.m.-12:00 noon for all who wish to participate. Come and bring a friend.

Please pass the word to any former student or parents of former students you may know as our address contacts are somewhat limited.

Please note that this group is open to any former students now over the age of 18. We hope to see you May 13th.

Please note that the recital dates for 2000 are June 16th and 17th. If you need to reach us at The Academy, please call Nancy Locke at 413-786-7683. Celebrate Recital 2000 and a part of your past with us!!

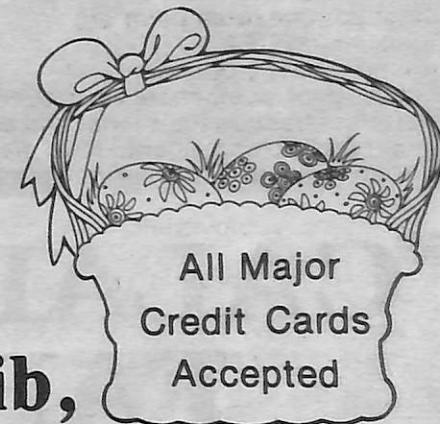
Take 5 Restaurant

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All Dinners Served With Our Salad Bar, Soup, Potato, And Rolls

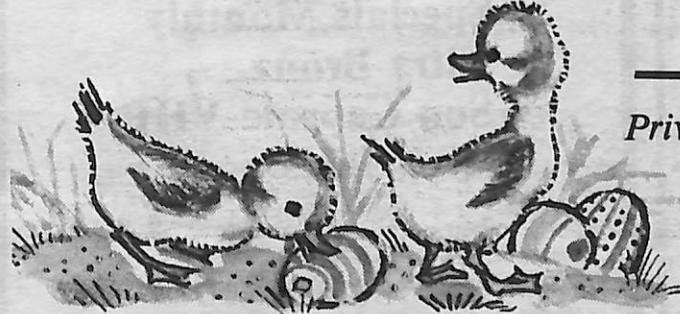


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At The Ch. II Installation Luncheon



IN TOP PHOTO: The Agawam Golden Age Club, Chapter II, officers who were installed during a luncheon at The Oaks earlier this month (from left to right): Perry McCobb, president; Thelma Gardner, vice-president; Rita Matys, recording secretary; Lee Dion, chaplain; Barbara Kupec, corresponding secretary; and Jim Birchall, treasurer. **IN PHOTO BELOW:** The Chapter II committee who organized the installation luncheon (from left to right): Alice Bishop, travel coordinator; Virginia Lake, program chairman; Eleanor Geiger, ways & means chairwoman; Mary Spinelli, membership; and Annette Phaneuf, "Sunshine Lady."

Advertiser News photos by Kathy Shepard.



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Ag. Senior Center's Weekly Lunch Menu

Monday, April 24th: Salisbury steak with gravy, egg noodles, peas, rye bread, pears.

Tuesday, April 25th: Sweet & sour ribs, rice Pilaf, stewed tomatoes, whole wheat bread, tropical fruit.

Wednesday, April 26th: Lasagna, meatballs, tossed salad, Vienna bread, ice cream.

Thursday, April 27th: Stuffed peppers, mashed potatoes, corn, rye bread, peaches.

Friday, April 28th: Macaroni and cheese, stewed tomatoes, corn muffins, Jello with fruit.

(Menu subject to change without notice.)

Feeding Hills Stop & Shop Slates Annual Jimmy Fund Tag Sale

The Feeding Hills Stop & Shop will be conducting its third annual Tag Sale on Saturday, May 6th, from 9:00 a.m. to 3:00 p.m.

All proceeds from the rental space fee will be donated to the Jimmy Fund to help fight cancer in children.

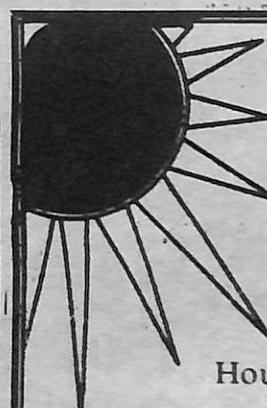
There are a limited amount of spaces still available. Please pick up an application at the service desk.

Zenith Colorguard Seeks Past Members For Sept. Reunion

Zenith Colorguard is looking for former members that performed with the group between 1979 and 1998.

A reunion is being planned for September 9th. Please contact Patty (Smith) Souder at 786-3906 or at WSouder@aol.com or Cindy (Bell) Francis at cfrancis1012@home.com.

All the local news with us, each and every week...



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Church News

Calendar From Ag. Congregational

Agawam Congregational Church (745 Main Street, Agawam) will have three services on Easter, April 23rd.

The first is at 5:30 a.m., when we join other Agawam churches for a Sunrise Service on the hill in front of Valley Community Church in Feeding Hills, and sharing in the following breakfast at the Congregational Church in Feeding Hills.

The other two will be in our own Sanctuary at 9:00 and 11:00 a.m. Dr. Eric Bascom will preach on the Easter theme, "On A Clear Day You Can See Forever." The choir and congregation will join in singing the great music of Easter (including "Christ The Lord Is Risen Today") and an Introit which tells the news of Resurrection, interspersed by much singing of "Alleluias." The service will close with the congregation joining hands and responding to the Benediction by singing the Lord's Prayer.

Special offerings are being gathered for One Great Hour of Sharing, and will be dedicated on Easter and the following Sunday.

Men are invited to join the Men's Prayer Time, which meets at 7:45 a.m. each Tuesday morning.

We read from the devotional guide "Upper Room" for meditation and discussion, with time for coffee and fellowship.

Mark your calendars! The Friendship Committee is sponsoring a Tag Sale on Saturday, May 6th, from 10:00 a.m. to 2:00 p.m.

Tables are \$10 each. Call 786-7111 to reserve yours today.

For more information concerning any of our events, please call the church office at 786-7111.

Upcoming Events By Agawam Catholic Singles Group

The Agawam Catholic Singles Group meets on the second Thursday of each month at St. John's Parish Center, Main Street, Agawam at 7:00 p.m.

The group includes all singles who are divorced, separated, widowed, or never married. The next meeting will be Thursday, May 11th.

Also, there will be a group walk every Tuesday evening effective April 25th, beginning at 7:00 p.m. (weather permitting). It will start and end at St. John's Parish Center.

On April 27th, there will be a Ziti Dinner at St. John's. Meet at the Parish Center at 6:00 p.m.

For further information, contact Joann at 789-0774 or John at 786-2273.

ADVERTISER NEWS



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Reflections...

submitted by
Rev. Peter Monahan
Pastor of the New Life
Christian Church,
Suffield, CT
(413) 789-1377 or
toll free (877) 643-9801

Good Friday Question: Do We Need To Be Forgiven In The First Place?

Easter, as we all know, is the celebration of the glorious resurrection of Jesus Christ. But before Easter, Jesus had to pass through Good Friday. Good Friday is the day that Jesus died on the cross for your sins and mine.

Was Good Friday really necessary? Do we need forgiveness for our sins; and if so, why? Even though we're not perfect, most of us really aren't that bad, are we? It depends on who we're compared with. Compared to Hitler, most of us are virtually faultless. However, compared to God, none of us stands a chance.

We've all heard it, we've all said it: "Nobody's perfect." The Bible says the same thing, only with slightly different language: For all have sinned and fall short of the glory of God.

Still, are we really in need of a Savior who had to die for our sins? God apparently thinks so. The law is only a shadow of the good things that are coming - not the realities themselves. For this reason, it can never, by the same sacrifices repeated endlessly year after year, make perfect those who draw near to worship. If it could, would they not have stopped being offered? For the worshipers would have been cleansed once and for all, and would no longer have felt guilty for their sins. But those sacrifices are an annual reminder of sins, because it is impossible for the blood of bulls and goats to take away sins.

Each of us needs the sacrifice of Jesus' death to be applied to us personally, because without that we're without any hope whatsoever. We simply cannot do anything to earn or merit forgiveness on our own.

On more than one occasion, the Bible says we have betrayed God with a spiritual form or version of adultery. Adultery is the ultimate form of

betrayal. Imagine how it would be if one partner in a marriage cheated on the other, who then found out. How could the cheater possibly make it up to the wounded spouse? He or she simply couldn't. The only possible solution to such a crisis, other than divorce, would be for the wounded spouse to forgive the cheater. If the wounded spouse can and will forgive the unfaithful spouse, the cheater can be restored to his or her former role. There is nothing the unfaithful spouse can do, other than to humbly and gratefully receive the forgiveness offered to him or her.

Therefore, when Christ came into the world, He said: "Sacrifice and offering You did not desire, but a body You prepared for Me; with burnt offerings and sin offerings You were not pleased. Then I said, 'Here I am - It is written about Me in the scroll - I have come to do Your will.'" And by that will, we have been made holy through the sacrifice of the body of Jesus Christ once and for all.

Forgiveness and restoration and eternal life can only be received by mere mortals, not earned. Imagine the aforementioned spouse trying to earn or deserve forgiveness, once it was already given. He or she could rise early in the morning to make a special breakfast for the faithful spouse, and then wash her or his car. The faithful spouse might ask, "What are you doing?" "I'm trying to make up for what I've done." "Do you really think that a special breakfast, or washing and waxing my car, can possibly make up for what you did?!" Please...can't you just accept it; I have forgiven you."

Day after day, every priest stands and performs his religious duties; again and again, he offers the same sacrifices, which can never take away sins. But when this Priest had offered for all time one sacrifice for sins, He sat down at the right hand of God. Since that time, He waits for His enemies to be made His footstool, because by one sacrifice He has made perfect those who are being made holy.

Good Friday really means good news for us. All we have to do is accept it. Our only appropriate response is to accept it. Therefore, since we have confidence to enter the Most Holy Place by the blood of Jesus, by a new and living way opened for us through the curtain, that is, His body, and since we have a great Priest over the house of God, let us draw near to God with a sincere heart in full assurance of faith, having our hearts sprinkled to cleanse us from a guilty conscience and having our bodies washed with water. But let us hold unwaveringly to the hope we profess, for He who promised is faithful.

Catholic Women's Club Of Agawam Still Seeking Crafters For April 29th Tag Sale

The Catholic Women's Club of Agawam is still seeking vendors and crafters for a tag sale to be held on April 29th from 9:00 a.m.-3:00 p.m. in the parking lot of St. John the Evangelist Church, 833 Main Street, Agawam.

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INSTEAD OF ME

Words and Music by Walt Harrah
Vocal Solo by Teri DeSario

ALL OF US LIKE SHEEP HAVE GONE ASTRAY
EACH OF US HAS TURNED TO HIS OWN WAY
BUT THE LORD HAS MADE THE SIN OF ALL TO
FALL ON HIM
DESPISED, HE WAS REJECTED
TO DEATH SUBJECTED

Chorus:

INSTEAD OF ME

HE TOOK THE BLAME, THE MISERY

INSTEAD OF ME

HE SUFFERED SILENT AGONY

AND IN THAT FINAL BREATH

HE DIED ALONE THE SINNER'S DEATH

INSTEAD OF ME

WILLINGLY HE LAID HIS GLORY DOWN

TRADED WEALTH TO WEAR A PIERCING CROWN

TIL THE FATHER'S ONE DEMAND HE MET AT

CALVARY

ALONE, STRIPPED OF HIS MAJESTY

HE CRIED, "THOU HAS FORSAKEN ME"

(Repeat Chorus Twice)

INSTEAD OF ME

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Church News - continued...**News & Notes From F.H. Congregational**

You are welcome to join with us at the Feeding Hills Congregational Church, which is located at 21 N. Westfield Street in Feeding Hills.

On Easter morning at 5:30 a.m., we will join with members of other churches at Valley Community Church for a Sunrise Service. Breakfast will be served at this church following the service.

Another Easter morning service of worship begins here at 10:00 a.m. Rev. Donaldson's sermon is entitled "Be Not Afraid."

The Bible readings are Acts 10:34-43 and Mark 16:1-8. Nick Pelter and Andy Kretschmar will be our Acolytes.

There will be no Sunday School classes held. Nursery care will be provided for the very young.

Sunday School students will meet here on Saturday, April 22nd, at 3:00 p.m. to prepare for the Easter morning breakfast. Students will also help serve breakfast on Sunday.

Easter Sunday is also Gift & Promise Sunday. Please keep your pledge for this special campaign up to date.

On April 30th, we will take a collection for our Pastor's Discretionary Fund to replenish money used to assist the family from Kosovo.

Operation Friendship, a youth cultural exchange program sponsored by this church, will hold a Spring Fling for ages 30 and over on April 29th. The event will be held at the Springfield Turnverein on Garden Street from 8:00 p.m. until 12:00 midnight.

Music will be provided by D.J. Dick. Tickets will be sold in advance for \$10. There will be no tickets sold at the door. Call Leslie at 786-3785 or stop by Alvin's Sandwich Shop on Walnut Street Extension for tickets.

While you've got your calendar out to save the date for the Spring Fling, mark May 6th or 13th for OF's Annual Mystery Dinner, "Murder Most Criminal." Watch this paper for complete information.

On the calendar:
Saturday, April 22nd: 3:00 p.m., Youth meet to prepare breakfast for Easter.

Sunday, April 23rd: 5:30 a.m., Sunrise Service at Valley Community; Breakfast served here following Sunrise Service; 10:00 a.m., Easter Sunday; 12:00 noon to 8:00 p.m., Church of Redemption.

Monday, April 24th: 4:00 p.m., Daisy Scouts; 6:30 p.m., Cub Scouts.

Tuesday, April 25th: 7:00 p.m., A.A.; 7:00 p.m., Financial Stewardship Committee.

Wednesday, April 26th: 2:45 p.m., Girl Scouts; 6:30 p.m., Girl Scouts; 7:30 p.m., Choir.

Thursday, April 27th: 7:00 p.m., A.A.; 7:00 p.m., Church of Redemption Bible study.



Grace Baptist Church

475 Pine Street, Feeding Hills
Pastor Carmen A. Rizzo

"A Place For Your Family"

Schedule Of Services

SUNDAY

9:30 A.M. - Sunday School

10:30 A.M. - Morning Service

Series - "Biblical Portraits"
(Role Models For Today)

6:00 P.M. - Evening Services

Series - "Immortality"

FRIDAY

6:30 - 8:30 P.M. - Awana Clubs Youth Program
Adult Series:
"What It Takes To Make A Marriage Work"

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"Easter Weekend" Calendar Announced By Agawam United Methodist Church

Agawam United Methodist Church is located at 459 Mill Street in Agawam (opposite Agawam High School).

On Holy Thursday (April 20th), we shall gather in the sanctuary at 7:00 p.m. for a service of Holy Communion remembering Jesus' Last Supper with his disciples. Thursday begins the dramatic story of Jesus' agony in Gethsemane; his arrest, torture, and trial.

The church will be open for prayer from 12:00 noon to 3:00 p.m. on Good Friday. The pastor will be available in the church.

On Easter morning, we will have the opportunity to unite Ecumenically for a Sunrise Service at Valley Community Church at 5:30 a.m. Following the service, our church is invited to a pancake breakfast at the Feeding Hills Congregational Church (free will offering).

The Easter Sunday Service at the Agawam United Methodist Church will begin at 9:30 a.m. There will be special music by the choir — "The Holy City" and "The Sorrow/The Victory."

We welcome all to join us for this glorious Easter morning service.

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Roast	\$1.99 Lb.
Country Style Ribs	\$1.89 Lb.
Loin End Roast	\$1.69 Lb.
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Fresh Ground Pork	\$1.69 Lb.
Whole Pork Loins (Cut To Order)	\$1.69 Lb.
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Boneless Top Round London Broil	\$2.79 Lb.
Top Round Stew Beef	\$2.69 Lb.
Top Round Cubed Steak	\$2.89 Lb.
Fresh Ground Round 5 Lbs. Or More	\$2.49 Lb.
10 Lbs. Or More	\$1.99 Lb.
Fresh Ground Chuck 5 Lbs. Or More	\$1.69 Lb.
10 Lbs. Or More	\$1.39 Lb.
Boneless New York Strip Steaks	\$5.99 Lb.
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DELI

Land O' Lakes American

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Cheese

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Cooper Sharp Cheese

\$1.69 Lb.

Russer German Bologna

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Russer Virginia Baked

Ham

\$2.99 Lb.

Thumann's Gourmet Turkey

Breast

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Deutsmacher Polish Loaf

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Hormel Genoa Salami

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Citterio Hot Capicola

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Store-Made "All White Meat"

Chicken Salad

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PRODUCE

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California Navel Oranges

4 For 89¢

(Large Size)

2 For 89¢

Florida Pink Grapefruit

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Idaho Potatoes (5-Lb. Bag)

99¢

Fresh Broccoli (Bunch)

89¢ Lb.

Green Squash

DAIRY & FROZEN

Hood 1% Low Fat Milk (Gallon)	\$2.19
Hood Premium Chocolate Milk (Half Gallon)	\$1.89
Grade "A" Jumbo Eggs (Dozen)	99¢

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\$3.99 Lb.

Frozen Lobster Meat

(11.3-Oz. Can)

\$13.95

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Special...

Land O' Lakes
White American Cheese
(Whole 5-Lb. Loaf)
\$9.95

Activities/Events At Sacred Heart Church In F. Hills

ROSARY FOR WORLD PEACE

The Rosary for World Peace is recited in the Church each Monday evening at 6:30 p.m. Mass, and also each Wednesday morning immediately following the 8:00 a.m. Mass.

All are welcome and encouraged to come and join us in prayer.

KNIGHTS OF COLUMBUS

The Knights of Columbus will be sponsoring a parish-wide membership drive. Someone will be speaking at all the Masses on the weekend of April 29th and 30th.

The Knights of Columbus is a Family, Fraternal, Charitable Catholic men's organization. It is the largest Catholic Fraternal Order in the world.

RUMMAGE SALE 2000

We hope that you've marked the following dates concerning the upcoming Rummage Sale on April 27th. Drop-off times for clothes and items for the Attic Treasure room are as follows:

Monday, April 24th; Tuesday, April 25th; Wednesday, April 26th, from 9:00 a.m. to 12:00 noon and from 2:00 to 4:00 p.m.

On Wednesday, we will be setting up for the next day's sale, so if you are planning to drop off your items that day, the earlier the better! Please — take an extra moment to be sure that all items dropped off are clean and in good condition.

We cannot accept large items (furniture, TVs, computers, etc.) in the Attic Treasure room. However, books, toys, small household items, craft materials, and holiday decorations are all

good sellers. Perhaps you can spread the word of the Rummage Sale on that day.

The hours are from 9:00 a.m. to 2:00 p.m. The doors open again from 6:00 to 7:00 p.m., when for only \$3 you can fill a provided bag full of clothing and treasures. This is only from 6:00 to 7:00 p.m.

SEE YOU THERE!

FUTURE OF HOPE

The initial soliciting phase of the Future of Hope has ended. If you have made a pledge, please wait for a statement from the Diocesan Future of Hope Office. Do not send your payments to Sacred Heart Parish.

If you have made a pledge and wish to do so, you may contact Mary at the Sacred Heart Parish Office, 786-8200.

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* You must deposit \$30,000 or more to open this account. ** Annual Percentage Yield (APY) assumes interest remains on deposit for one year at stated rate of interest. Minimum balance to open and earn APY is stated in this ad. Interest compounded and credited to the account monthly. APY is accurate as of 3/23/00. This is a limited time offer and may be withdrawn at any time without notice.

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Certificate of Deposit at Westbank.
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available for a limited time. For more
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your nearest Westbank office today.

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WESTBANK
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* Annual Percentage Yield (APY) assumes interest remains on deposit for one year at stated rate of interest. Minimum balance to open and earn APY is stated in this ad. Interest compounded and credited to the account monthly. APY is accurate as of 3/23/00. This offer may be withdrawn at any time. Substantial penalty for early withdrawal. Deposits are F.D.I.C. Insured to \$100,000.

MEMBER F.D.I.C.





LORRIE & BEN SCRANTON, whose new cabaret act, "Sentimental Journey," will be performed on May 6th at Church of the Good Shepherd, 214 Elm Street, West Springfield.

At Church Of The Good Shepherd... New Cabaret Act To Premiere With The Scrantons

On Saturday, May 6th, at 8:00 p.m., Ben & Lorrie Scranton, accompanied by pianist Steve Hays, will bring their new cabaret act, "Sentimental Journey: Songs and Stories of the 1940's," to Brigham Hall at the Church of the Good Shepherd, 214 Elm Street, West Springfield.

In a New York-style cabaret setting, you will step back in time with these delightfully entertaining vocalists as they take you on a musical tour through the decade of the 1940's. The program includes a rich repertoire of popular songs from WWII-inspired melodies, Big Band favorites, movie and Broadway hits, and more.

This West Springfield premiere promises to take you on a "Sentimental Journey" filled with unforgettable melodies and lyrics of a time to remember.

Ben and Lorrie have enjoyed professional singing and acting careers in New York, on national tours, and regionally. Lorrie had a cabaret act in Manhattan and appeared in the film *Before and After* with Meryl Streep and Liam Neeson. Ben was a member of the Village Light Opera Group. Locally, they have performed at StageWest, Hartford Stage, and The Theater Project.

Steve Hays is well-known as the founding director of StageWest and the Executive Director of the Drama Studio.

The cabaret includes an intermission, during which complimentary desserts and beverages are served. Tables can be reserved to suit the size of your party.

This wonderful evening promises to be sold-out, so call early with your reservations. General admission is \$11; for seniors and students, the admission is \$9. Call 734-1976.

Trip Slated By St. John's Over 60 Club

St. John's Over 60 Club is sponsoring a four-day trip to Victorian Cape May in New Jersey. The dates are June 12th-15th and you do not have to belong to the club to come on the trip.

Price is \$335 (per person, double occupancy). If you are interested in joining us, please call Barbara Gingras at 569-9830 or Lil Doyle at 786-9586.

**Check our
classified**

Operation Friendship To Present "Mystery Dinner" In May

Operation Friendship of America, a non-profit youth cultural exchange program, will be presenting "Murder Most Criminal" on May 6th and 13th at 6:30 p.m. at the Feeding Hills Congregational Church, 21 North Westfield Street, Feeding Hills. Welcome aboard the Orient Express en route to Budapest, Hungary, from Paris, France. We must warn you, however, that there's a rumor running rampant among the passengers that some dangerous malfeasants may be aboard.

Rumor has it that they've been invited to a murder. Rumor also has it that the famous inspector, Armand DuBois, has been challenged to solve this crime. Will he save the day? Or will there be a murder on the Orient Express? To find out how this story ends, purchase a ticket for the mystery dinner.

Tickets are \$16 and include the show and a full dinner. The menu for the evening is a choice of entree (roast beef, capon, or vegetarian ziti), tossed salad, baked potato, vegetable, bread and butter, dessert, and beverage.

Call 786-8743 or 786-9780 for reservations.

Events At First Baptist Church

At First Baptist Church (760 Main Street, Agawam), Rev. Barnes' sermon topic on Easter Sunday will be "Resurrection," and the scripture reading will be from John, chapter 20, verses 1-20.

Rev. Barnes will also be a participant in the Sunrise Service at Valley Community Church.

Visitors are always welcome to our Sunday services. Child-care is available during worship.

An opportunity for fellowship and refreshments follows the worship service.

The evening Bible study will be held on Wednesday at 7:00 p.m. in the home of Dot Major, as well as the Handiwork Group on Thursday at 2:00 p.m.

These groups are open to new members.

Church office hours are 9:00 a.m. to 12:00 noon, and the office can be reached at 786-7300.

Parish News And Notes From St. John's Church

EASTER WEEKEND SCHEDULE

Masses: Holy Thursday, 7:00 p.m.; Good Friday, 7:00 p.m.; Easter Sunday, 7:00, 9:30, and 11:30 a.m.

Morning Prayer: Good Friday and Holy Saturday, 8:30 a.m.

Stations Of The Cross: Good Friday, 12:00 noon (for children) and 3:00 p.m. (for adults).

Blessing Of Easter Food: Saturday, 10:00 a.m. (in the Father Joyce Room).

Easter Vigil: Saturday, 8:00 p.m.

MILLENNIUM QUILTS

Our two millennium quilts (with the names of those families who signed them) are now hanging in the Parish Center auditorium.

This has been another effort of the parish to participate visibly during this special year.

ST. JOHN'S NEWSLETTER

The Newsletter Committee is preparing for the next edition of the Parish Newsletter. Anyone who would like to submit an article is asked to call Donna Gregory at 788-7681 as soon as possible.

Names are still being accepted for a name for the newsletter.

2000 MARRIAGES

St. John's has a special program for preparing couples for marriage. This five-week setting brings those to be wed this year into contact with several couples who help with their preparation.

Those who have finished the sessions for this year are: Peter Drapeau and Lisa Ditomaso; Joshua Niebur and Bridget Barnes; Timothy Houlihan and Ashleigh Marrama; David Fleury and Shannon Conant; David Seder and Kim Hayes; Daniel McDevitt and Christine Molloy; Michael Morgan and Jodi Kiernan; and Thomas Napolitan and Marie Trembley.

ZITI & MEATBALL DINNER

April 27th is the date for the Parish Dinner sponsored by our Knights of Columbus Council. The dinner will run from 4:00 to 7:00 p.m. in the Parish Center.

Tickets will be available at the door. The cost is \$4 for adults, \$2 for children, and free for those age five and younger.

It would be nice to see you there!

HOLY LAND COLLECTION

The annual collection for the upkeep of the Holy Land may be turned in on Good Friday or any time during this weekend.

The special container for the rice bowls will be in the sanctuary all week long. Please return them at your convenience.



Pizzeria Restaurant

835 Suffield St. (Rte. 75), Agawam

\$2 OFF Any Large Pizza

Must Present Coupon
— Expires 4/30/00 —
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**Buy Any Size Pizza,
Get 2nd Pizza At
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Beer And Wine Served

Full Menu Available To Please Everyone's Taste!



Spotlight On Business

Charles Alvanos, CFP, Honored By American Express

Charles Alvanos of Feeding Hills, CFP, a Senior Financial Advisor with the Western Mass. area office of American Express Financial Advisors, Inc., the nationwide financial planning and services company, has been recognized in a recent awards ceremony as the number one financial advisor in Central New England Market Group for productivity and utilization of Financial Planning Services.

This distinction has been awarded to Charlie in 1993, 1994, 1995, 1996, 1997, 1998, and 1999. Charlie has led the region for the past seven years in a row which is an unprecedented accomplishment.

These coveted awards speak volumes towards Charlie's commitment to his client base and his commitment to the financial planning process.

Charlie's membership is the Advanced Planner Group as a Senior Financial Advisor, the top five percent of the company, allows him to provide an expanded scope of personal comprehensive financial planning to his clients.

American Express Financial Advisors is the nation's leading financial planning company and currently owns and/or manages more than \$250 billion assets. Through a network of more than 10,000 personal financial advisors, the company provides ongoing, long-term planning, coupled with superior financial products, to nearly two million clients in all 50 states.

* * *

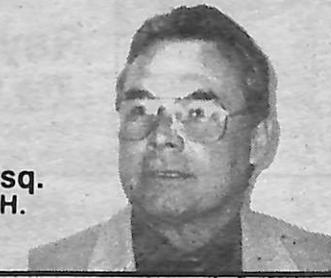
For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice. Thank you...



JAMES ZIEN (left), CFP, FIELD VICE PRESIDENT, congratulates Charles Alvanos, CFP, of Feeding Hills on being recognized at a recently held awards ceremony.

Legal Memo

by
Alan L. Ferrigno, Esq.
546 Springfield St., F.H.
(413) 786-9454



NEGLIGENCE Father's Failure To Prevent Rape By Son

During a four-year period that began when the plaintiff was seven year-old and lasted until she was 11 years-old, she had been raped repeatedly by her brother at the family home. Her brother eventually pleaded guilty to the crimes and served time in prison.

Through discovery, it was learned that the plaintiff's father allegedly was aware of inappropriate sexual activity by his son at the premises and of improper sexual behavior between his son and his eldest daughter. Despite this, he allegedly did nothing to protect his youngest daughter from her brother and left them alone together.

The plaintiff sued her father for his negligence in failing to protect her from the sexual molestations by her own brother.

The plaintiff was diagnosed with post-traumatic stress disorder.

The case was settled for the sum of \$300,000.00, which was paid by the father's homeowners' insurance carrier.

Attorney Alan L. Ferrigno maintains an office at 546 Springfield Street, Feeding Hills, Massachusetts. If you have a legal question, Attorney Ferrigno will attempt to address the same in this column. Please send any questions to the address listed above.

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YANKEE
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Spotlight On Business - continued...

COMMON SENSE
with
Raymond Rose
The PIONEER Group
(731-6800)

How To Make The Most Out Of Your Potential...

Many people are not happy with their lives in at least one area ... be it health ... or career ... or relationship ... or spiritually — and they don't know how to change.

Even though many believe that it is something "outside of themselves" that is making them unhappy, the real problem is their **personal belief system** ... people have been programmed to believe things that are not true.

People who accomplish great things in life usually do so because when they look around, they see opportunities to bring their dreams into reality. Thus, if people can change their beliefs, they can change their world!

THE 10 CORE BELIEFS

I've learned that there are 10 beliefs that are unique to all peak-performing individuals. Take a

moment right now and imagine what your world would be like if you made these beliefs part of your life today.

1. Winners are not born ... they are made.
2. The dominant force in your existence is the way that you think.
3. You can create your own reality.
4. There is some benefit to be had from every adversity.
5. Each one of your beliefs is a choice.
6. You are never defeated until you accept defeat as a reality and stop trying.
7. The only real limitations on what you can accomplish are those that you impose on yourself.
8. You already possess the ability to excel in at least one key area of your life.
9. There can be no great success without great commitment.
10. You need the support and cooperation of other people to achieve any worthwhile goal.

(Next week: "How To Change Your Belief System.")

Raymond Rose is a resident of Agawam, and the Principal of THE PIONEER GROUP, a professional real estate and financial services firm serving home buyers and sellers throughout the area. Comments and questions can be directed to his office (731-6800) or his e-mail (RaymondRose@aol.com). Also, contact him via e-mail to receive his FREE online newsletter, THE PIONEER REPORT Online. It's filled with enjoyable and informative info helping to "keep life simple." Thanks!

Friendly's 19th Annual "Cones For Kids" Receives \$1,586 From Agawam Patrons

Agawam residents contributed \$1,586 to Friendly's 19th Annual "Cones for Kids" campaign. The money will help fund 59 Easter Seals swim programs for children and adults with disabilities in communities all over Massachusetts.

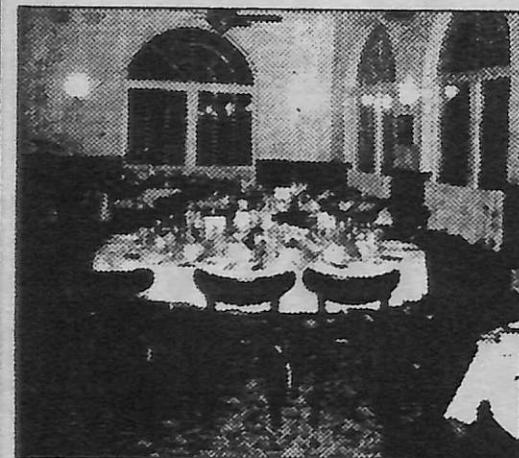
Friendly's Restaurants raised \$218,600 in Massachusetts and over \$1 million nationwide to support Easter Seals services that help people with disabilities expand their independence.

"It is gratifying to see how Friendly's employees and guests all over the country rally in support of Easter Seals," said John Cutter, Friendly's new President and CEO. "Over the years, Friendly's has established a record to be proud of, helping our disabled neighbors expand

their independence through Easter Seals' services."

Friendly's guests received five children's Valentine Day's Cards for a \$1 donation to Easter Seals. The cards are redeemable for free Friendly's Kid Cones. Guests also received a Coupon Book with \$30 worth of money-saving coupons on some Friendly's favorites and a coupon valid for a free 8"x10" color portrait from Photography by JC Penney.

During the 19 years the Friendly Ice Cream Corporation and Easter Seals have worked as partners, Friendly's has raised over \$19 million to support Easter Seals services for children and adults with disabilities.

**School Street Bistro**

29 School St., Westfield, MA
Fax or call in your order ahead of time
Fax (413) 562-8704
Phone (413) 562-8700

Friday and Saturday - April 21st and 22nd**APPETIZER:**

Risotto de Mare- Saute'd shrimp with mussels, shallots and tomatoes in a creamy saffron risotto.

ENTREES:

Cumin-crusted Sea Bass- Flaky sea bass atop a bed of spinach and roasted garlic orzo laced with a tomatoe balsamic vinaigrette.

Dijon Rosemary-crusted Rack of Lamb- A fresh rack of lamb coated with a Dijon rosemary crust baked to a golden brown with braised fennel topped with a mint infused demi glaze.

Enjoy Spring Nights in the Bistro Lounge with the sounds of:

Thursday April 20-Spanish Guitarist Bob Ferrier

Friday, April 21-Blues pianist Jeff Morey

Saturday, April 22-Pianist Natalie Borowiec

7:00p.m. - ???

NOW ON MONDAYS

Every Monday Night is Pasta Night **\$9.95**
Special Pasta Dinners

This special is in addition to our regular menu.

EVERY TUESDAY IS

Westfield Night Salad, Entree and Dessert **FOR \$14.95**

NEW!! WEDNESDAY

Steak Night **\$16.95**

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Saturday 4:30 - 10:00 p.m. • Sunday 4:00 - 8:30 p.m.

Pam Savioli

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**Is House Location Important?**

The ease or difficulty of selling a home depends on three factors — location, price, and condition of the property.

The location is the one variable you cannot control, once you own the home. You can always adjust the price, and you can insure that the condition of the property is good.

If you are thinking of buying another house, a highly desirable location will be most helpful when you plan to resell the property. The few extra dollars you have to pay per month for the location should return good dividends at resale time.

PAM SAVIOLI is a full-time professional Realtor with over 13 years of valuable experience. Please call Pam at (413) 748-7565 (voice mail) for your real estate needs or questions.

* * *

Classified ads in the Advertiser News cost just \$10 per week for 30 words or less; however, we DO NOT take them over the telephone. Please bring them to our office at 14 Southwick Street (in the Crossroads Shoppes), Feeding Hills, or mail them (with payment) to P.O. Box 263, Feeding Hills, MA 01030.

* * *

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Easter Sunday Brunch

10:00 A.M. To 1:00 P.M.

\$11.95 Per Person / \$5.95 Kids Under 12

- Scrambled Eggs
- Home Fries
- Bagels/Muffins
- Bacon/Sausage
- Baked Ham
- Chicken Marsala
- Baked Scrod
- Pasta
- Tossed Salad
- Mixed Vegetables
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- Coffee Or Tea
- Dessert

(Please Add 5% MA Tax)

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"If Health Is Your Wish, Eat More Fish!!!"

(Reservations Accepted)

Full Dinner Menu Also Available

*** Patio Open (Weather Permitting) ***

Spotlight On Business - continued...

Timely Tips On How To Manage Your Finances

by Sue & Charlie Alvanos
Personal Financial Advisors
American Express
534-3883

Municipal Bonds' Tax Advantage Is Often Overlooked... (Part I Of II)

Has tax time left you straining for strategies to ease next year's bite? Then you may want to consider one of the few investments outside of your retirement plan that offers a tax advantage: municipal bonds or funds that invest in them.

Many investors think of so-called "muni" bonds

as conservative investments that offer poorer yields than taxable Treasury, mortgage-backed, or corporate bonds. What many don't realize, however, is that for investors in tax brackets from 28 percent or up, municipal bonds' lower tax-free yields may provide more income after taxes than higher-yielding taxable bonds. (Municipal bonds are subject to federal capital gains and losses; interest income is tax-exempt.)

The following questions and answers will help you learn more about municipal bonds and determine if they could be a wise investment for you.

Q. What are municipal bonds?

A. Municipal bonds are debt securities issued by states, counties, cities, and school districts to raise money for projects that benefit the public. Interest paid on the bonds is exempted from federal taxes by Congress to encourage investment in such projects. In addition to the federal exemption, some state and local governments exempt muni bond interest for investors who live in the state where the bond is issued.

There are two basic types of municipal bonds: general obligation and revenue issues.

General obligation bonds, or G.O. bonds, are ap-

proved by local voters and backed by the full faith and credit of the issuing government. These are usually considered the safer of the two types because the issuer can, if necessary, use its taxing power to pay the bonds' interest and principal.

Revenue bonds are backed by the revenue produced by the financial project — such as a hospital, highway, stadium, airport, or public housing. This type may be considered slightly riskier because repayment relies on the health of the project and its revenues; the bonds are not considered an obligation of the local government and taxpayers. To compensate for this additional risk, the bonds often pay a slightly higher yield than G.O. bonds.

According to the Public Securities Association, approximately 40 percent of all new municipal bond issues are insured, with scheduled interest and principal guaranteed by one of the several Triple-A municipal bond insurers. In addition, most issuers are evaluated by credit rating firms such as Moody's Investors Service, Standard & Poor's Corporation, and Fitch Investors Service.

(To be concluded next week...)

Visit Kinney's 1-Hour Photo Today...

New Book Will Make Taking Pictures A Snap

by Kathy Shepard
Feature Editor

Available at Kinney's 1-Hour Photo, 371 Walnut Street Extension in Agawam, "How To Take Pictures You'll Be Proud To Show" is a soft-cover book that is "like having an instructor at your side." Many people want to learn more about photography, and this interactive training course accomplishes this goal without the technical jargon.

The book can be ordered for \$16.90 (which includes tax, shipping, and handling), but it's much easier to visit Kinney's 1-Hour Photo to purchase it for \$12.95. There are some familiar faces in this book, too, making it very special. On page 99, Marlene Kinney's image appears. Other people from Agawam are interspersed in its pages as well.

Bernie Michaels worked as a writer, producing

training manuals, instruction books, video and television scripts, and taught photography courses at Holyoke Community College and Westfield Vocational High School until failing eyesight caused problems related to night driving.

So, a collection of handouts originally prepared for class has been converted into this book. Jeanne Latour, Michaels' associate of over a decade, agreed to work on the project via phone and the Internet. She is credited with helping to keep the book from being "too technical," and she contributed several of the photos in the book.

"How To Take Pictures You'll Be Proud To Show," by Bernie Michaels and Jeanne Latour, has been written expressly for folks who own point-n-shoot

cameras who want to improve their skills without necessarily becoming photographers as such.

It is designed to make important points "stick" in the reader's mind. Many black-and-white photos are used to illustrate the principles being offered.

This is a self-published book under the author's new company, BMA Publications. It is enjoyable, a convenient size to work with, fun, and a great value for the price. The website to order from is www.bmapublications.com, with the cost of \$16.90 being inclusive. Better yet, head down to Kinney's 1-Hour Photo at its convenient location, 371 Walnut Street Extension, Agawam, and buy it on the spot for \$12.95.

Berkshire Power's

5th Annual

TREE DAY

Saturday, April 29, 2000 - (10:00 A.M. to 4:00 P.M.)

36 Moylan Lane, Agawam, MA

Directions: From Rte. 57, South on Rte. 75 till third light, take a right onto Shoemaker Lane, follow for approximately 2 miles to Moylan Lane on right.

**FOR THE PAST 5 YEARS, BERKSHIRE POWER HAS BEEN THE PROUD SPONSOR
OF TREE DAY, PROVIDING FREE, HEARTY EVERGREEN SAPLINGS. WE'VE
GIVEN AWAY OVER 40,000 TREES. WE SALUTE THE PEOPLE WHO HAVE
CARED ENOUGH ABOUT OUR ENVIRONMENT TO PLANT THEM.**

THANK YOU

FREE Douglas Fir Tree Saplings (First come, first serve basis)

For Your Health



Your Back And Your Health

by Dr. Joseph S. Schlaffer
Chiropractic Offices
192 Shoemaker Lane
Agawam

Tiger Woods & Chiropractic

Tiger Woods receives benefits from chiropractic care. Prior to riding atop the Chiropractic Centennial float in the Rose Parade back in 1995, the 17 year-old celebrity stated, "Being a chiropractic patient has really helped me a lot. When I was in a growth spurt, my back became sore, and I was weak. My chiropractor really helped me."

"Not only did he adjust my spine, he also gave me strengthening exercises to do. If you are tall and gangly like I am, or play sports, I would recommend chiropractic."

That same year, chiropractic's centennial year, Tiger won his second U.S. Amateur title. Nicklaus and a few others had won the U.S. title twice, but nobody had won it three times. Tiger Woods went on to win the 1996 U.S. Amateur in 1996 for his record-breaking three titles.

Joining the professional ranks, he signed an eye-opening \$40 million endorsement deal with Nike. By June of 1997, he was the PGA's leading winner, with four major titles already this year.

During his month's respite following the Master's victory, Tiger was experiencing some back and hip pain and received chiropractic treatment from Dr. Jeffrey Spencer, a Grants Pass, Oregon chiropractor who was a member of the U.S. Olympic cycling team in 1972. When Dr. Spencer took Tiger's history, he noted that Tiger was a bit different from most other golfers he'd treated.

"He is extremely athletic, well-muscled, and has inherently good posture and movement mechanics." Dr. Spencer added that Woods exhibited extreme flexibility and tremendous strength and agility.

We can't all be blessed with the natural attributes of Tiger Woods, but when you experience the neck, back, hip, and leg pains commonly associated with the rapidly growing sport of golf, contact the SCHLAFFER CHIROPRACTIC OFFICE, at 789-1369, 192 Shoemaker Lane, Agawam. We may provide the answer.

ADVERTISER NEWS



Golf and Back Pain Seminar

Wednesday, April 26, 2000
7:00 PM

850 Springfield Street
Feeding Hills

YOU WILL LEARN:

- TO REDUCE BACK PAIN
- TO PREVENT BACK INJURIES
- PROPER WARM-UP TECHNIQUES
- BACK STRENGTHENING EXERCISES



Dr. Tami Nelson/Dr. David Masztal
Hampden County Chiropractic
850 Springfield Street
Feeding Hills, MA 01030

Call (413)786-4820 to reserve your place

Support Groups & April 29th Program By Noble Hospital

SUPPORT GROUPS

Alcoholics Anonymous: Sunday evenings, 8:00 to 9:00 p.m. In Conference Room A at Noble Hospital, 115 West Silver Street, Westfield.

Free of charge. All are welcome.

Diabetes: Tuesday, April 25th, 1:00 to 2:30 p.m. In Conference Room A at Noble Hospital.

Free of charge and open to individuals who have diabetes and their support persons.

For more information, call Karen Ranen, M.S., R.N., C.D.E., at 572-5178.

Caregivers' Support Group: Wednesday, April 26th, 4:00 to 5:00 p.m. In the Bronson Music Room at Noble Hospital.

On the second and last Wednesdays of each month, Noble Visiting Nurse and Hospice Services offers this group for those who are caring for someone with a life-threatening illness. Hospice families, staff, and community members are invited to participate.

Call Kim Cressotti, R.N., at Noble Visiting Nurse and Hospice Services for more information at 562-7049.

PROGRAM

16th Annual Run for a Noble Cause - 5K Road Race and Kids' Race: Saturday, April 29th. Please note earlier start times — 5K Race begins at 9:00 a.m.; Kids' Race at 9:45 a.m. (Check-in begins at 7:30 a.m.) Sponsored by Noble Hospital.

Registration is limited to 350. The registration fee is \$10 in advance or \$12 on the day of the race. The Kids' Race is free. Awards will be given for all divisions.

Call Noble Hospital's Health Beat for a registration form or for more information at 568-2328.

For the best in local goods and services, be sure to check the classified ads in each edition of The Agawam Advertiser News...



Best local news with us, each and every week...

At Mercy Hospital In Springfield...

Family Life Center For Maternity Offers Infant/Child CPR

An Infant/Child Cardiopulmonary Resuscitation (CPR) program, sponsored by the Family Life Center for Maternity at Mercy Hospital, will take place on Saturday, April 29th, from 9:00 a.m. to 12:30 p.m. in the Women's Pavilion, 299 Carew Street, Springfield.

The program, which includes choking intervention, is recommended for parents, parents-to-be, grandparents, and childcare providers. Participants will meet American Heart Association CPR certification requirements.

The cost is \$30 per couple or \$20 per person, and registration is required. For more information, call the Family Life Center for Maternity's parenting education department, (413) 748-7295.

Mercy Hospital is a member of the Sisters of Providence Health System (SPHS). The SPHS's member organizations provide hospital and ambulatory care, rehabilitation, behavioral health services, nursing home care, retirement living, employee health services, home care, and more.

The SPHS is a founding member of Catholic Health East, one of the nation's largest health care systems. Catholic Health East facilities serve communities in eastern states from Maine to Florida.

* * *

"For Your Health" is a regular feature of The Agawam Advertiser News and is just one more reason why you turn our pages...

* * *

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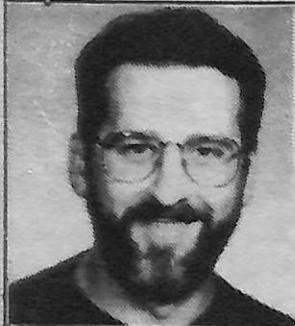
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For Your Health - continued...

"Let's Talk About It"
by Dan Pender
Marriage &
Family Therapist
P.O. Box 449
Agawam, MA 01001
(413) 789-4460

Who's In The Mirror?

The hard part about looking at yourself in the mirror is when you look yourself in the eye, it's just that, one eye. You simply can't look into both eyes at the same time unless you focus your gaze on, say, the brow between your eyes. Then you aren't looking directly in either eye. Try it!

You can try tricking yourself by flashing back and forth with lightning speed from one eye to the next, but then it just becomes a game of chasing your tail. You almost get it, but you never get it.

The same challenge can be said about coming to know your "self." We can gaze into one eye at a time, so to speak, and come away from the experience with some sense of satisfaction. You may even feel like you actually saw someone in there worth getting to know.

If on the other hand, you avoid facing yourself by way of switching back and forth between eyes, your experience of seeing someone "in-there" can be empty. You can get an experience of the "outside" surroundings of who you are, but the "inside" experience has been missed.

If we take this metaphor of looking in the mirror at oneself to its logical conclusion, then we can never really see all of us by ourselves. In the best case scenario, even looking into one eye at a time, it becomes a limiting experience. We can only see so much at one time.

In growing your "self," the metaphor rings true, I think, in that like a mirror, we can only see so much on our own. Real self exploration is best done in relationship with the help of others even though looking into your own eye can be very rewarding.

The difficult part of relationship is that it can be like trying to either look into both your eyes at the same time or like cheating yourself by looking somewhere in the middle of your brow and never facing either eye. People, especially *important people* that you are in a relationship with, can help you do both. In effect, they can help you not face yourself by providing a "reflected sense of self" that essentially tells you who you are without you having to look into your own eye to see for yourself.

So many of us rely on others to reflect back to us who they think we are or who they want and/or need us to be for them. This way of seeing ourselves gives up nearly all possibility of figuring out for ourselves what staring into our own eye could provide.

We also, I believe, give out cues and signals to others that correctly get translated stating that we don't want to face certain issues about ourselves. Many people actually help support our *not* facing what we know is important to face. It makes some sense because then the other person does not have to face what might be important for them to face either. It's a collusive dance we tango.

Children live this back and forth between their eyes hoping to catch themselves while also being able to take good long stares into an eye and figuring out who they are. As children, you and I had opportunities (however different) to build a healthy "sense of self" by coming to know ourselves both by how people perceived us and by looking in at ourselves for ourselves.

The question I raise today for us adults is *am I still capable of being childlike or have I swung too far into adulthood where I overly rely on others to give me a "reflected sense of self?"* I believe the mature and healthy adult is both capable of being separate from others, yet connected to them while remaining closely connected to "self."

Health is about knowing where I start and stop and where another person begins. It is about not losing myself despite how much another might need me to help them not face themselves through *overly* giving my opinion of who they are or should be.

I believe that healthy relationships encourage self exploration, authentic exchange of viewpoint about one another, all without losing "self" in the process and inviting the other's "self" to grow connected, yet separate from you. What do you think?

The complexity of growing a "self."

I can be reached by e-mail (AOL screen name: dpmt449) or PO Box 449, Agawam, MA 01001 or by phone at (413) 789-4460. As always, if I reprint any or all of your material, I will not publish your name unless you specifically give me permission to do so.



Chiropractic Care
by
Dr. Tami Nelson
Chiropractic
Physician
Hampden County
Chiropractic
850 Springfield St.
Feeding Hills
786-4820

Getting Ready For Golf

It's that time of year again - people start coming into the office for adjustments and "tune-ups" that we haven't seen for months. What's going on? Do they miss me? Is the vernal equinox causing people to want to balance their bodies to correlate with the balance of day and night?

I think not! It's GOLF SEASON! People are coming out of the woodwork to make sure their bodies are functioning perfectly in order to shoot the perfect game. They don't want anything to impede their score - no stiffness, no joints or vertebrae stuck - they want a perfectly balanced spine.

My husband never gets adjusted as much as he does prior to the first golf game of the year. Does he take care of himself the rest of the year? Not as

much as during this season. But, to be fair to my husband and all the other golfers, keeping your spine functioning at 100 percent helps the body maintain optimum ability to perform at 100 percent. They know this.

Each and every bone that makes up the spine (24 in all) should be moving in all the different directions (forward, backward, side-to-side, rotating). If a few of the segments in the neck, mid-back, or low back are "stuck" or not moving properly, then motion is limited. Perhaps you're not able to extend the club as far back as necessary to get the correct swing. If the neck cannot turn all the way, your ability to perform a swing is significantly reduced.

The whole focus of chiropractic is to restore proper motion of the spine. Of course, for some of you, chiropractic exists to maintain the golf game! As a chiropractor, though, I can restore proper motion and help maintain a balanced spine, but I cannot guarantee a reduction in your golf score. That's up to you! ***

On Wednesday, April 26th at 7:00 p.m., Dr. Nelson will be offering a free seminar on golfing and back pain. Included will be information on exercise, nutrition, and a slide presentation. Please call our office to reserve your seat.

Dr. Nelson maintains an office at Hampden County Chiropractic, 850 Springfield Street, Feeding Hills, 786-4820.

Four-Week Childbirth Education Classes To Begin On April 27th At Mercy Hospital

Parents-to-be can prepare themselves for the big event by taking part in childbirth education classes offered by the Family Life Center for Maternity at Mercy Hospital. The four-week series begins Thursday, April 27th, from 11:00 a.m. to 2:00 p.m. at the Family Life Center, 271 Carew Street, Springfield.

The program prepares expectant parents for the birth of their baby, providing information on the physical and emotional aspects of pregnancy, labor, delivery, and baby care. Relaxation and breathing techniques will be explored in-depth.

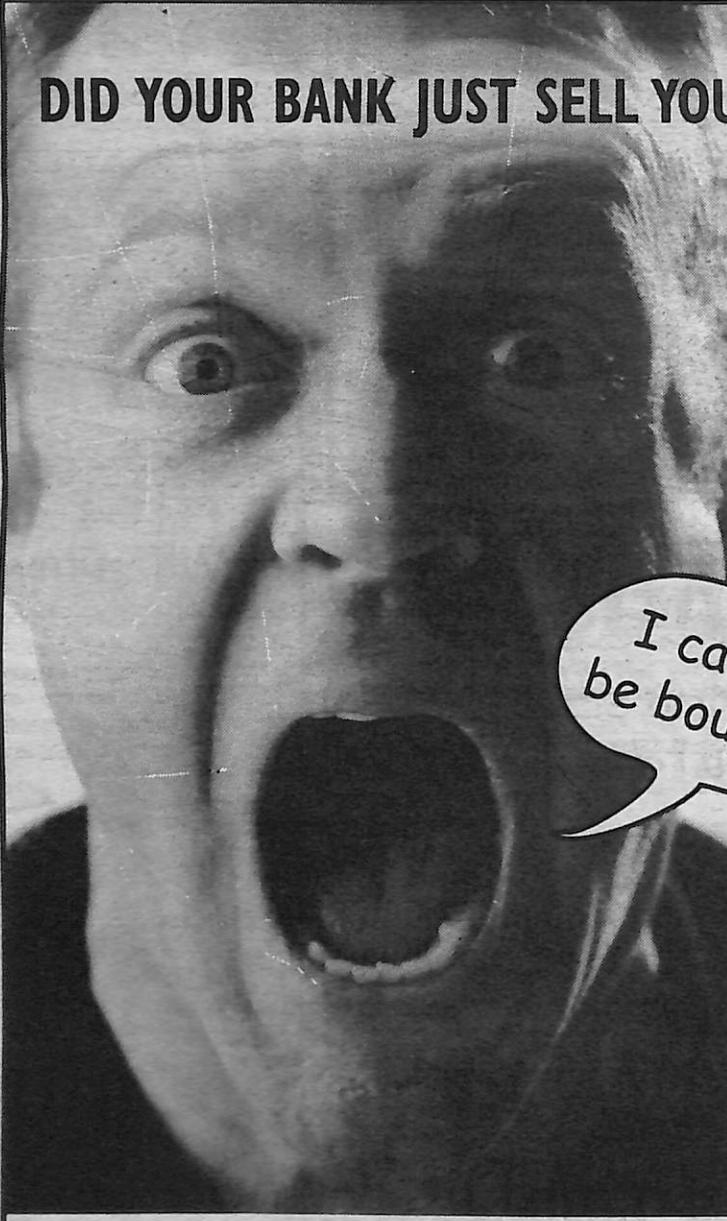
Cost for the series is \$50, and advance registration is required; for more information, call (413) 748-7295.

Mercy Hospital is a member of the Sisters of Providence Health System (SPHS). The SPHS's member organizations provide hospital and ambulatory care, rehabilitation, behavioral health services, nursing home care, retirement living, employee health services, home care, and more.

The SPHS is a founding member of Catholic Health East, one of the nation's largest health care systems. Catholic Health East facilities serve communities in eastern states from Maine to Florida.

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Arts

It's Never Too Late To Learn Art...



FOR THE MONTH OF APRIL, the Agawam Public Library is displaying the artwork of Anne Mueller's adult education students. IN LEFT PHOTO: Ed Pemberton with his painting, "Summer Gold." IN RIGHT PHOTO: At a recently held reception for this adult education exhibit — Acting AHS Principal Paul Cavallo, art instructor Anne Mueller, and Agawam Mayor Richard Cohen. Advertiser News photos by Kathy Shepard.

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you for your cooperation in this matter.

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They Should Be Proud Of Their Art...



PATRICIA ROY with her painting, "Mill In Guilford," at the Agawam Public Library.
Advertiser News photo by Kathy Shepard.

Starting Wednesday, April 26th...

"Introduction To Babysitting" For Local Youngsters

The Agawam Public Library will offer its annual INTRODUCTION TO BABYSITTING series for youngsters aged 10 and up, on Wednesdays, April 26th, May 3rd and 10th, from 4:00-5:00 p.m.

Health and safety issues will be covered by Registered Nurse Hilda Bartnik, Fire Inspector Michael Mercadante, and Police Officer Karen Langevin. Library staff members Jeanne Hofmann and Wendy McAnanama will offer suggestions for age-appropriate activities when babysitting young children. Certificates will be awarded to everyone who attends all three sessions.

Registration is limited to Agawam and Feeding Hills residents who have not previously participated in the program, and will continue through April 24th, or until the series is filled to capacity.

Registration forms are available at the library Circulation Desk. They must be completed by either the participant or a parent. No reservations will be taken over the phone.

"Plan Your Own Trip" To New York City On May 6th

The Agawam Cultural Council is sponsoring a "Plan Your Own Trip" to New York City on May 6th. There are many activities (such as museums, plays, and other cultural events) which are available for people going on the trip.

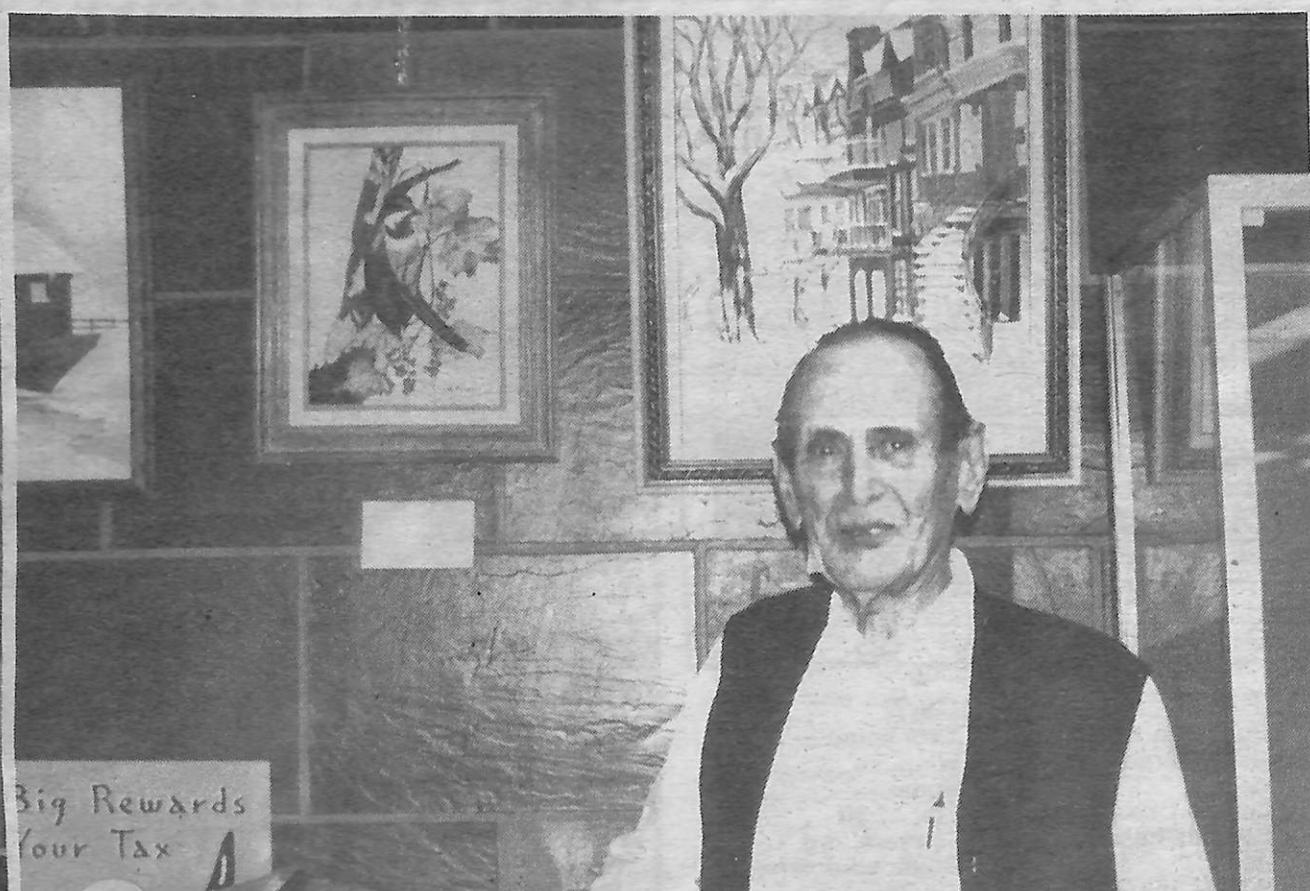
Several stops will be made along Fifth Avenue, and included in this list are the Metropolitan Museum of Art, Rockefeller Center, the Times Square Show Ticket Booth, and the 34th Street and South Street Seaport.

Time of departure is 6:30 a.m., and the return trip will leave New York City at 6:30 p.m.

Tickets may be obtained by sending a check (made out to the "Agawam Cultural Council") and enclosing a stamped, self-addressed envelope to the Agawam Cultural Council, 933 River Road, Agawam, MA 01001. Cost of the trip will be \$21.

For further information, call 786-1859.

ADVERTISER NEWS



ART FEMMEL with his painting, "Chickadee," which is now on display at the Agawam Public Library. This month-long display features the artwork of Anne Mueller's adult education students. Advertiser News photo by Kathy Shepard.

Agawam Resident To Compile A Pictorial Overview Of The Town In The Year 2000

Long-time resident Jim Birchall of Main St., Agawam is beginning to compile a pictorial overview of Agawam in 2000 A.D. comprised of both pictures from the past with current views. When finished, he expects to have over 2,500

digital images of Agawam, copies of which he will give to the Agawam Public Library and the Historical Society.

For information or to volunteer your help, please call Jim at 786-8017.

You turn our pages for all the local news...

Another winter under our belts. A late Easter. Is it any wonder we're all chomping at the bit for Spring? Chomp no more—we've been busy in the greenhouses to make sure this is your best growing season yet. Let's start with Easter: Easter lilies, hydrangeas, tulips, daffodils, hyacinths, and Bobby's Famous Easter Mums. He grew all your favorite colors, and some new ones as well. We also have mini-roses, floral gift baskets, and hanging baskets for Easter giving. If you're itching to get



your hands dirty after your Easter egg hunt, start by planting some pansies. Then move on to the vegetable patch—we've got nearly every variety of lettuce you can think of, and cole crops enough to give the kids (and some adults) nightmares. Cabbage and cauliflower. Broccoli, brussels sprouts, collards and more.

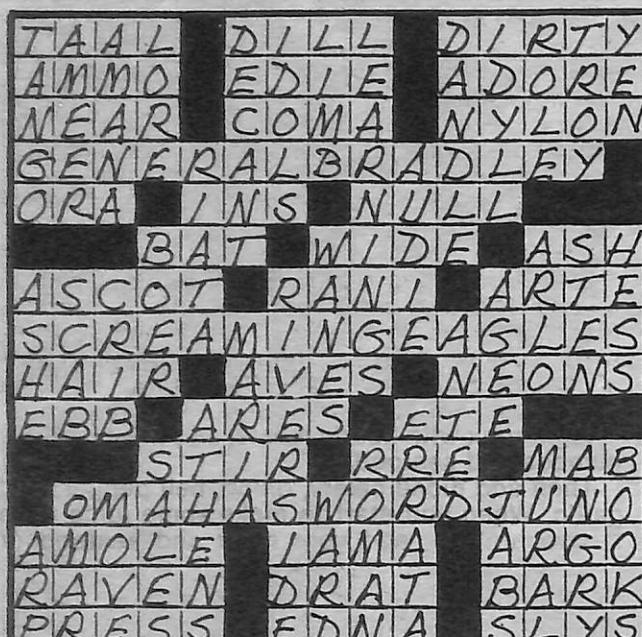
Our selection of perennials can't be beat—come see for yourself. We're now open for the season, seven days a week. Happy Easter, and happy gardening!

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Last Week's Solution...



ACROSS

- 1 Pilgrimage to Mecca
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- 18 What's the —?
- 19 Swear to
- 20 Above
- 21 Gem stone
- 22 Besides
- 23 Indian princess
- 24 Rendered fat
- 25 Uses a rosary
- 27 Daughter of 4D
- 30 Greek physician.
- 32 Sesame
- 33 Wildebeest
- 34 Argued formally
- 37 Scion
- 38 Stern or Walten
- 42 Silents' Renee
- 43 Where 8D resided
- 47 Wild — Hickcock
- 48 Passing items
- 50 Actor Vigoda
- 51 Buttons of comedy
- 52 Watts' fuel
- 54 Honest —
- 55 Wall adornments
- 58 Racing org.
- 60 What Oscar made
- 61 Territories
- 64 We — not amused
- 65 Musical study
- 69 Gems to a yegg
- 70 Somme season
- 71 A — in the dark
- 72 Again
- 73 He played 8D
- 77 Iwo Jima fighter
- 79 Untamed
- 80 Naval response
- 81 More well-mannered
- 82 Business V.I.P.
- 84 Depot
- 85 Things we often choose
- 86 Little people in 8D
- 90 White poplar
- 94 Command to Fido
- 95 Ripped
- 96 Social affair
- 98 "Good Earth" heroine
- 99 Exam type
- 100 Hebrew dry measurement
- 101 Lahr's portrayal in 8D
- 102 Peel
- 103 About
- 104 T.V. feature at 6 & 11
- 105 Fitzgerald
- 106 Emulates Kate

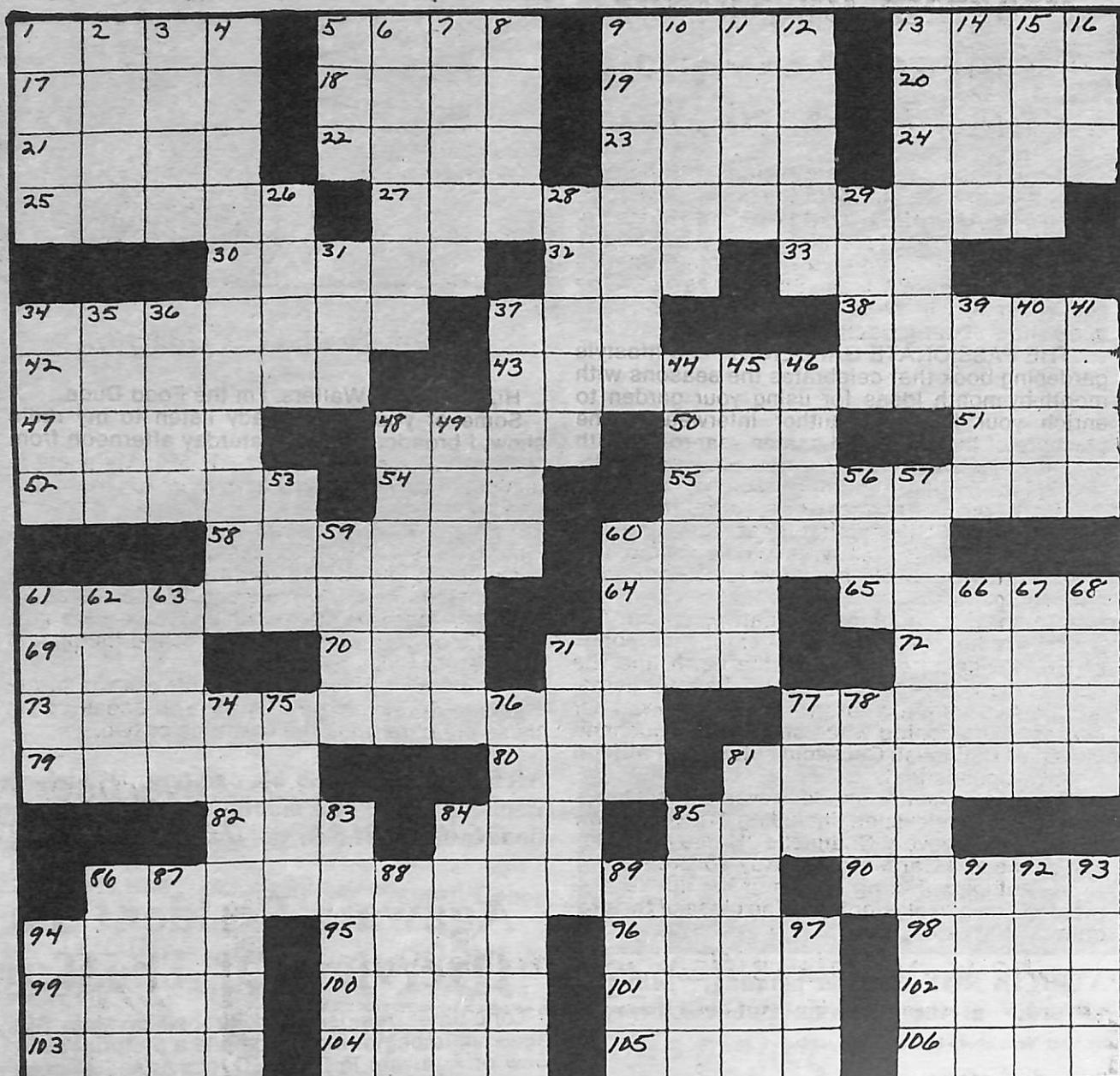
'Mother Nature' Prog. At Agawam Library

On Saturday, April 29th, from 11:00 a.m. until 12:00 noon, MOTHER NATURE (aka, Monica Bleasius) will be bringing some special stories and activities to captivate preschoolers and their families at the Agawam Public Library.

Parents and grandparents are invited to share the fun, and to bring cameras. The program is designed especially for ages 3½ through primary grades.

Families can pre-register in person or by calling 789-1550.

Meet The Master - by Dick Mastroianni...



* * *

"Meet The Master," by Dick Mastroianni, is a regular feature of The Agawam Advertiser News and is just one more reason why you turn our pages...

* * *

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Sponsored By Agawam Cultural Council

Program By Author/ Gardener At Captain Charles Leonard House

The Agawam Cultural Council will present Georgia Raimondi, author of the book, "THE PASSIONATE GARDENER: Month By Month Ideas For Using Your Garden To Enrich Your Life," on Friday, May 5th, at 7:30 p.m. at the Captain Charles Leonard House, 663 Main Street, Agawam. The free program will be a lecture, discussion, and slide show about gardening as a lifestyle.

"THE PASSIONATE GARDENER" is a lifestyle gardening book that celebrates the seasons with month-by-month ideas for using your garden to enrich your life. The author interweaves the pleasure of the home and garden year-round with practical advice on how to better grow and maintain your garden, enticing recipes, soothing aromatherapy preparations, and creative decorating and entertaining ideas. Stunning full-color photographs (many taken at Raimondi's own English Cotswold home) vividly capture the garden's glories.

Raimondi, a Longmeadow native, spent half her life in a fashion career, and her fond memories of her grandmother's love of the earth and the pleasures of homegrown produce, fragrant herbs, and flowers were the catalyst which renewed her interest in gardening when she and her husband moved to an English Cotswold cottage in Fairfield County, Connecticut.

She has recently made several media appearances on television, including "Today In New York," the Discovery Channel's "Home Matters," and Home and Garden TV's "Way To Grow."

The author will bring copies of her books, and there will be a book-signing at the close of the program.

- Check our classified advertisements -

Great Spring Special 2000!

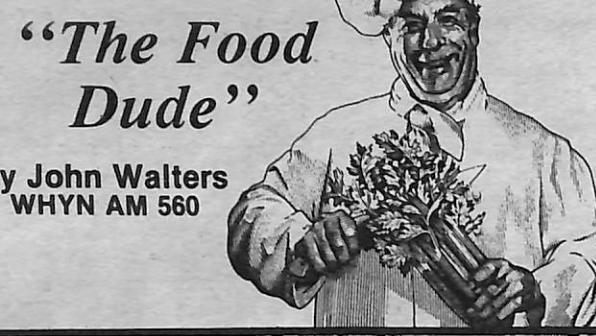


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- Every Monday and Thursday — bring in a roll to be developed and receive a second set of prints or a roll of film for \$1.00 (1-hour service, color only).
- Tuesday — buy one, get one free on color enlargements from same 35mm negative (5x7, 8x10, 8x12, 11x14 - glossy only).
- Wednesday — buy one, get one free on 3x5 or 4x6 reprints from the same 35mm or 110mm negative (color, glossy paper only).
- Friday — bring in a roll of film to be processed (color 35mm, 110mm) and receive \$1 off 12 exp., \$2 off 24 exp., \$3 off 36 exp. (not to be combined with any offers or coupons / 1-hr. service only).

371 Walnut Street Extension, Agawam

Offer Ends June 17th



by John Walters
WHYN AM 560

How To Make A Gumbo...

Hi, I am John Walters. I'm the Food Dude. Some of you may already listen to my radio show. I broadcast every Saturday afternoon from 1:00 to 3:00 p.m. on WHYN AM 560. My show is dedicated to helping you have more fun in the kitchen.

This week's column will help you understand what okra is and how to make a gumbo.

Gumbo is the Bantu word for okra. The slaves brought okra here 200 years ago. We have them to thank for some of the earthier foods we enjoy. Peanuts or groundnuts (as they called them), and our feature this week — okra.

Okra is a fiber-filled pod. The texture is pretty slippery. Some of you may have to sneak up on these old okra pods the first time or two.

Okra outside of gumbo I like fried. You slice the pods in half-inch wheels; drop them in an egg and milk bath. Roll in seasoned flour. I use one cup of all-purpose flour mixed with a half-cup of corn meal and two tablespoons of my special "John Walters" seasoning mix.

Drop the wet okra into the flour mix. Drop the coated ones into hot peanut oil. I use a large cast-iron skillet. Cook 'till golden brown; drain on paper. Go ahead, taste a couple (pretty good?). You said you wouldn't like them. Fooled you, huh? Heroes the Gumbo.

Start by making a roux. Equal parts of peanut oil and flour over a medium heat; stir, continually toasting the roux. First you get a blonde roux, then peanut butter, then red brown, then chocolate, and finally black. Get the roux as black as you can without burning it. It takes practice.

Light roux with hearty meats, and the darker for gumbo and seafood.

Then add diced celery, onion, bell pepper, and garlic. When you start to make some juice from the vegetables, add your meat and seafood or poultry. I like hot sausage, shrimp, and crawfish. Cover with a good seafood stock or chicken stock. Now season.

I use a tablespoon or so of my seasoning, enough red pepper to bring up the heat, and some file powder (two teaspoons). Now add a cup of stock and a cup of rice for the amount of gumbo you need. When the rice is cook, enjoy!

Enjoy and I will be talking to you on the radio. JOHN WALTERS, "The Food Dude," can be heard each Saturday afternoon from 1:00 to 3:00 p.m. on WHYN AM 560.

The Agawam Advertiser News welcomes its newest columnist — John Walters, a.k.a. "The Food Dude."

* * * * *



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Please stop by to see us and open your new account today.

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Education

For Jr. High Non-Users Club...

Free Throw & 3-Point Shooting Contest On Apr. 27th

On April 27th, the Agawam Junior Women's Club will hold a "Free Throw & 3-Point Shooting Contest" for the members of the Agawam Junior High School's Non-Users Club. This is the seventh year that the Juniors have sponsored this event.

Held in the Junior High School gymnasium, this friendly basketball competition offers prizes and trophies to the winning participants.

Committed to promoting a drug- and alcohol-free lifestyle, the Non-Users Club has grown from a modest 50 members beginning in 1990 to 326 members in the current 1999-2000 school year. Since the club's formation, its activities have included a "Jump Rope for Heart" fundraiser; t-shirt and sweatshirt painting sessions; trips to the Basketball Hall of Fame; "Family Night" hockey games; a women's basketball game; and self-defense demonstrations.

These activities have helped to support and strengthen a "non-user" attitude among the students.

"National D.A.R.E. Day" Celebrated At Middle School

On Tuesday, April 11th, "National D.A.R.E. Day" was celebrated at the Agawam Middle School.

D.A.R.E. (Drug Abuse Resistance Education) is a collaborative effort by D.A.R.E.-certified law enforcement officers, educators, students, parents, and the community to offer an educational program in the classroom to prevent or reduce drug abuse, violence, and gang involvement among children and youth in grades kindergarten through 12.

The D.A.R.E. Program began in Los Angeles in 1983, and there are presently more than 44,000 D.A.R.E.-trained officers in 55 countries worldwide.

Students were advised to wear their D.A.R.E. T-shirts on this day because a group photo would be taken in the auditorium. Those arriving in honor of the occasion included Mayor Richard Cohen, Police Chief Robert Campbell, Sgt. Curry, Sgt. Gallerani, and D.A.R.E. Officer Langevin.

Agawam Schools' Weekly Lunch Menu

Monday, April 24th: Steamed frankfurts in roll, potato wedges with catsup, seasoned green beans, chilled fruit cup, milk.

Tuesday, April 25th: Hamburg in roll, steamed rice, seasoned mixed vegetables, chilled pears in syrup or orange blossom cake with icing, milk.

Wednesday, April 26th: Hamburg with gravy on whipped potatoes, niblet corn, wheat bread and butter, Jello with topping, milk.

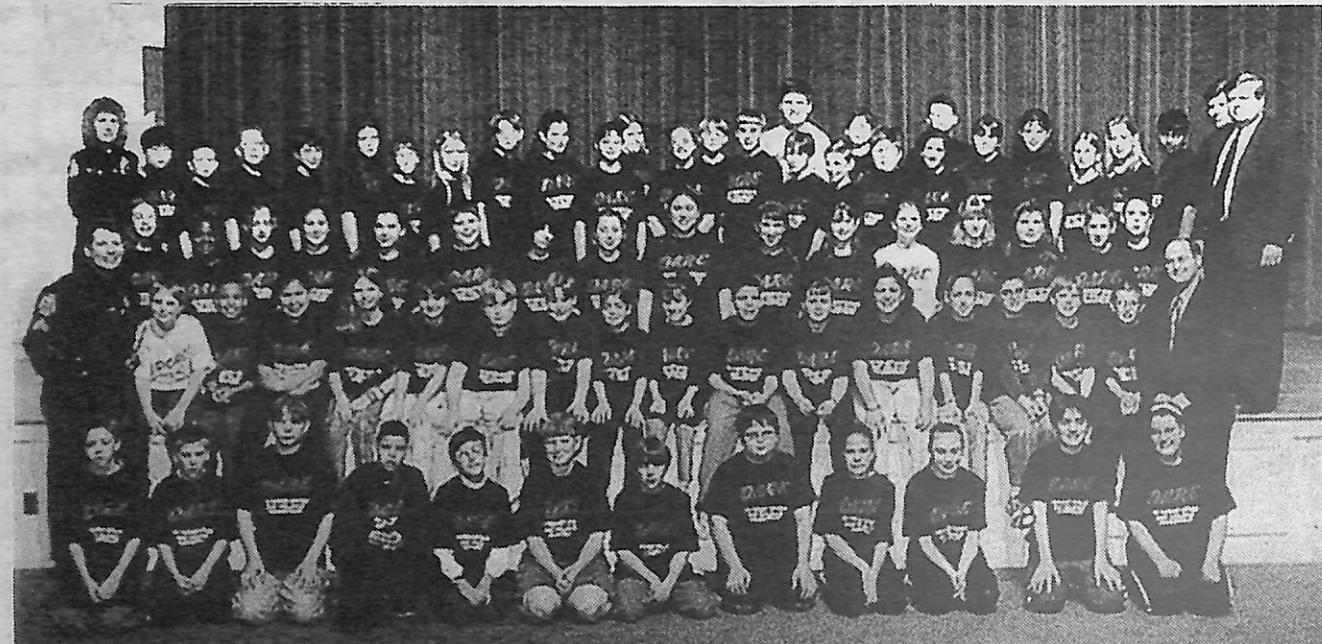
Thursday, April 27th: Oven-baked rib dippers, seasoned green beans, nacho chips, chocolate cake with icing or applesauce, milk.

Friday, April 28th: Roast turkey with gravy on whipped potatoes, sweet diced carrots, dinner roll, fruit cup or chocolate brownie, milk.

Classified ads in the Advertiser News cost just \$10 per week for 30 words or less; however, we DO NOT take them over the telephone. Please bring them to our office at 14 Southwick Street (in the Crossroads Shoppes), Feeding Hills, or mail them (with payment) to P.O. Box 263, Feeding Hills, MA 01030.



PROMOTING A "NON-USER" ATTITUDE at Agawam Junior High School: back row — Non-Users Club advisors Dick Bassett, Jack Conroy, Chris Johnson, and Bob Taupier; front row — Heather Adams, Nicholas Cardaropoli, Corey Chruscil, Gina Graziano, and Jennine Hastings (of the club's Member Advisory Panel). Advertiser News photo by Kathy Shepard.



THE AGAWAM MIDDLE SCHOOL STUDENTS and various "guests" who celebrated "National D.A.R.E. Day" on Tuesday, April 11th, in the school's auditorium.

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Mon. - Tues. - Wed. 9-4
Thurs. - Fri. 9-5

4 Washington Avenue Extension, Agawam

Agawam Junior High School's Term Three HONOR ROLL

GRADE 7

Joseph Albano, Nicholas Alvanos, Catherine Andrews, Joseph B'Shara, William Bertrand, Kevin Bienia, Stacy Boisvert, Lynn Bovat, Barbara Brizzolari, Michelle Cadieux, Christine Cassidy, Jennifer Clark, Patrick Conchieri, Leah Cook, Julie Czuprynski, Elise Davilli, Gregory Donaldson, Caroline Elkins, Alex Ellsworth.

Michele Elsner, Kelly Follis, Joseph Fortunato, Jordan Frederick, Courtney Garrett, Jaclyn Geaghan, Jonathan Gibbons, Danielle Glanz, Meredith Golbach, Ashley Gorman, Katie Gorman, Karyn Gottardi, Mary Gottardi, Christopher Graveline.

Zoryana Grebinnik, Jeannine Hastings, Kristan Heaton, Daniel Higgins, Alexandra Ivey, Nicholas Jacks, Benjamin Kochanowski, Joseph Koehler, Kristen Laliberte, Michael Landry, Bryan Lane, Katelyn LaValley, James Lewin, Lauren Liberti, Nathan Little, Rachael Mason, Jenelle Masotti, Joseph McGeoghan.

Christopher McKenney, Carmino Mineo, Jennifer Montagna, Robert Morgan, Andrew Moriarty, Theodore Moysis, Rachel Mozdzanowski, Daniel Murphy, Sophia Nasti, Eric Niedziela, Jaclyn O'Neill, Shane O'Sullivan, Angela Pandolfi, Kaylie Paquette.

Kirsten Patrick, Lauren Leltier, Kevin Pender, Kristen Pfau, Jessica Phillips, Sara Pioggia, Jessica Pokora, Meagan Pokorny, Heather Rennell, Sarah Rollins, Jennifer Sacco, Matthew Sadowski, Maria Santaniello, Kurt Schebel, Noelle Serafino, Yekaterina Shtefan, Emily Siedlik.

Fedor Skovorodin, Jamie Spear, Nicole Struck, Ami Sullivan, Vanessa Tencati, Michael Thompson, Michael Toto, Erica Troy, Angela Velosky, Jeffrey Walker, Julie Wills, Nicole Woszcynski, David Zaffetti, Alyssa Zmaczynski.

GRADE 8

Alexander Alvanos, Brian Athas, Kelly Borkosky, Katherine Bousquet, Amanda Bruno, Tami Burmeister, Sara Cote, Gregory Cotto, Elizabeth Couture, Aaron D'Amario, Jennifer Depelteau, Neil Donah, David Donahue, Sara Dorans, Angela Dzhenzherukha, Meghan Ennis, Jennifer Epaul, Casey Federico.

Michelle Figella, James Franco, Malerie Gardner, Erin Gormley, Nicholas Gumlaw, Amanda Hamel, Matthew Hartmann, Kyle Henry, Kendall Hill, Sarah Huffman, Anthony Iellamo, Jenna Insero, Jamie Jackson, Amanda Janik, Bruce Johnson.

Laura Jutte, Meghan Kelly, Katie Knodler, Daniel Korney, Kyle Lafontaine, Sarah Landry, Rebecca Leupo, Nicola Liquori, William Loong, Elizabeth Loughman, Amy Lownds, Dina Lukina, Matthew Lyman, Nicholas Lyman, Michael Lynch, Stephen Lynch, Tory Lyons.

Ashley Macey, Joseph MacFadzen, Alicia Malloy, Marc Maloney, Daniel Mancini, Anthony Manzi, Christina Metcalf, Peter Midura, John Montalvo, Pavlina Moysis, Elizabeth Mundo, Katherine O'Connell, Ariel O'Malley, Kevin Olbrych, Andrew Oleksak, Laura Pedersen.

Justin Perry, Allison Peters, Jason Quigley, Bethany Reid, Brenton Reveruz-

Please remember to patronize your local businesses ... AAN!!!

zi, Erin Richardson, Christopher Roose, Adam Roy, Anthony Rueli, Kristie Russo, Jeffrey Sabola, Courtney Santaniello, Brian Santos, Anthony Sapelli, Talia Scalise, Bethany Schivley, Sara Skolnick, Megan Smith.

Kristen Sopet, Leigh Stepanian, Kyle Sullivan, Paul Surowiec, Emily Sussman, Alissa Tully, Jessica Tully, Eva Udobina, Ashley Velosky, Robert Ventulett, Drew Von Maluski, Michael Weinle, Annemarie Zaffetti, Mary Zajac, Douglas Zelisko.

For the best in local goods and services, be sure to check our classified ads each and every week...

Agawam High School Guidance Bulletin

COLLEGE ACCEPTANCES: Congratulations! Stephanie Keenan: Stockbridge School at the University of Massachusetts.

Matthew Poirier: UMass Dartmouth, Western New England College, Merrimack College.

Dominic Montessi: Westfield State College, Springfield Technical Community College.

MILITARY: Congratulations!

Jeremy Cleveland: U.S. Army.

Juniors who are interested in attending a service academy are invited with their parents to attend an informational meeting on Sunday, May 21st, at Westover Air Base Reserve Conference Center in Chicopee. The meeting will begin at 12:00 noon. See your counselor for more information.

Southgate Liquors, Inc.

842 Suffield Street, Agawam
(Southgate Plaza - Rt. 75)

Easter Parade Of Values...



St. Pauli Girl Beer \$9.99 P.D. (12 Pk. Btls.)	Seagram's Gin (1.75 Ltr.) \$13.99	Nathanson Creek Wines Chardonnay Merlot Pinot Noir Cab. Sauvignon \$7.99 (1.5 Ltr.)	White Zinfandel Sauvignon Blanc Zinfandel \$5.99
Ballatore Gran Spumante \$4.99 (750 ml.)	Imported From Sweden Svedka Vodka \$16.99 (1.75 Ltr.)	Berringer White Zinfandel 2/\$9.99 (750 ml.) The Perfect Easter Wine!	Rolling Rock (12-Pk. Btls.) \$7.99 P.D.
Kennedy's Canadian \$10.99 (1.75 Ltr.)	Michelob \$10.99 P.D. (18-Pk. Cans)	Ron Roberto Rum \$10.99 (1.75 Ltr.)	Molesar French Wine Red Or White \$8.99 (750 ml.) France's No. 1 Bordeaux
J.W. Dundee's Honey Brown \$7.99 P.D. (12-Pk. Btls.)	Ice House Or Red Dog (12-Pk. Btls.) \$7.99 P.D.	Pete's Wicked Summer Brew \$9.99 P.D. (12-Pk. Btls.)	Coors Reg. Or Light \$17.49 P.D. (30-Pk. Cans)

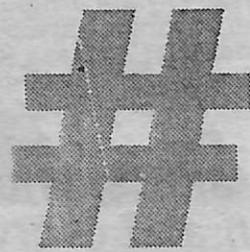
*Lemonades In Stock - Mike's * Rick's * Sublime
BoDean's Twisted Tea Now Available*

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*All Major Credit Cards Accepted
Prices Effective April 17th-30th*



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Robert Molta
President/Owner

Robert Romanowski
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WILBRAHAM
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SICILIAN
PIZZA

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SALADS

BUFFALO
WINGS

ZIO'S

(means "Uncle" in Italian)

PIZZA

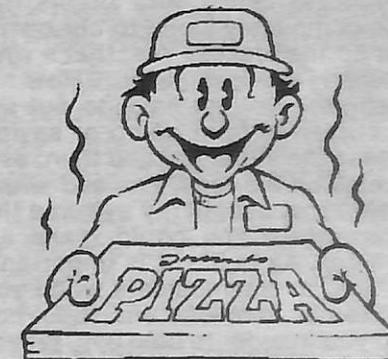
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Fri. & Sat., 10:30am - 12 mid • Sun., 12pm - 10pm



Pizza

Ch.	Combo
Sm. (12 slices) ... \$6.50 14x14	\$8.00
Med. (16 slices) ... 7.50 16x16	9.50
Lg. (24 slices) ... 10.00 18x22	12.00
P.S. (28 slices) ... 12.00 18x26	14.00

6"	12"
Cold Cut \$2.75	4.00
Ham & Cheese ... 2.75	4.00
Genoa Salami ... 2.50	3.75
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Roast Beef 3.00	4.75
Turkey 3.00	4.75
Chicken 3.00	4.75
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Grinders

Steak & Cheese ... 3.00	4.75
Cheeseburger 2.75	4.00
Hamburg 2.50	3.75
Eggplant 2.75	4.25
Sausage 2.75	4.00
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Pastrami 3.00	4.75
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ZIO'S PIZZA

14 inch One Topping
PIZZA
Only
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2 Ltr. of Soda
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**BUY 1
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Buy any Large or
Party Pizza,
Get 14" Cheese
**FOR \$4.00
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combined with any other offer.



*From The
AHS Guidance
Office...*
by Judy Cohen
Agawam High School
Guidance Counselor

The Road Of Life

Driving to school today, I mused about the signs that I passed and thought how I could easily relate them to life. Imagine yourself driving along the road of life.

You pass a sign for **Curve** in the road. How true of life! Often we just go along and then all of a sudden, we have to change gears and hug the side of the road as we deal with a curve. We pay attention, we go slowly, and we find we're able to deal with the curve.

What happens when we come to **Yield**? As in life, we find we often must slow down, and watch how we are progressing. There are other forces around us. We must be cognizant of them and at times, proceed slowly.

Sometimes we come to **Merge**. I liken that to compromising. We should be aware of others' needs and wants, take them into consideration, and merge with them. At times, it is beneficial to blend in, to dance with others, rather than to dance completely alone to our own tunes.

Put on the brakes! Yes, that's what we have to do when we see **Stop**. How true in life! Sometimes, we just have to put the brakes on, stop ourselves from doing or saying something, reassess the situation, and then, as it sometimes indicates on the road, **Proceed with caution**.

A sign that caught my eye was the one that indicated where you could make an **emergency phone call**. As in life, it is important to reach out to others, to communicate when you have a problem, to call someone and to let someone reach out to you in order to help you. When an emergency arises, it is important to seek help in order to deal with it. Often, trying to deal with the emergency alone will not work; you are too close to the problem and unable to see it objectively.

Whenever I see the sign, **Wrong Way**, I am surprised and wonder why it should be needed, but think about it for a moment. At times, we all do go the wrong way and have to be reminded to regroup, turn around, and proceed in the right direction.

No **U Turn**...that's what looms forth, but how many people decide to look around quickly, see if anyone is watching, and then make that prohibited U-turn? Such is true in life, too. How many times do we make U-turns and keep returning to the problem, rather than going straight ahead and dealing with our lives. U-turns cause us to revisit something that we probably should have left behind.

One sign that I do not see too often is the one that tells me that there will be a **Steep Incline**. When I see this sign, I can switch gears, watch the road carefully, and then drive with extra caution. In our lives, we will come to times when the going is steep, when the going is difficult, but by switching gears, by proceeding carefully, we should be able to accomplish the climb and finally come out on smooth territory.

Ah, but what about the **Blind Curve**? That one is tough. We really don't see it coming. We have to be able to react appropriately and hang in there. How true of life! Often we do not know what's around the corner, but we have to hold on and deal with any trials and tribulations that may blindly beset us.

Of course, as we drive along, we also hit a lot of smooth driving and that's when the going is easy and enjoyable. Those are the moments in life that we cherish, the ones that allow us to regroup and refresh, the ones that allow us to be ready for any of the "highway signs" that will definitely come into view as we travel our road of life.

May your road be mainly a smooth one. Yet, may you be aware of the sign posts along the way and have the fortitude, insight, and ability to deal with them.

PLEASE PICK UP YOUR OLD PHOTOS: If you've brought photos to our office for wedding announcements, scouting events, athletic teams, etc., we encourage you to pick them up during the month of April. As of April 30th, we will be disposing of all unclaimed photographs.

Pack 78 Holds Crossover Ceremony



ON MARCH 19TH, Cub Scout Pack 78 of Feeding Hills Congregational Church held a special "crossover ceremony" as part of its Blue & Gold Banquet. Nine boys from the Dragon Den were escorted over the bridge by an Indian guide (Ken Connor). They were received on the other side by representatives from Troop 82 of Agawam Congregational Church, where the boys are now attending as Boy Scouts. Congratulations and best of luck on your trail to Eagle. Front row: Philip Mokrzycki, Adam deLiefde, Joshua Ilnicki, Danny Smith, Richard Rozanski, Kendrick O'Connor, Nick Savard, Mike DeChristopher, and Stephen Parent. Middle row: Erik Jensen, Paul Jensen (Troop 82 Scoutmaster), Donna O'Connor (Cubmaster/Webselos Den Leader), and Chad Farrington. Back row: Corey O'Connor, Patrick Vaughn, Andrew Jensen, Ken Shaw, and Jim Shaw (Assistant Scoutmaster).

Easter Baskets Aren't Just For Kids.



Easter is Sunday, April 23rd.

The Easter bunny can't deliver a basket this special. But we can. Just give us a call and we'll hop right to it.

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"Earth Day Fair" Coming To AHS On Thursday, April 27th

This Saturday, April 22nd, will mark the 30th anniversary of Earth Day. There will be many fairs, concerts, and television shows marking the event. The topic for Earth Day 2000 is energy.

How can we use alternative energy sources to help stop global warming?

If you would like to help starting now, try to carpool or use public transportation; turn the temperature of the furnace down and the air conditioner up, as well as the temperature of your water heater down. These are just some of the ways for you, as an individual, to help your environment.

If you would like to learn more about energy, air quality, animals, birds, plants, hiking, recycling, the rainforest, water quality, endangered species, the ozone, hazardous waste and its clean-up, environmental education programs at area colleges, etc., then we have the perfect event for you.

On Thursday, April 27th, there will be a public fair held at the Agawam High School, 760 Cooper St., from 6:00-9:00 p.m. This fair is being sponsored by S.A.V.E. (Students Against Violating the Environment) and admission is free.

This group is still welcoming any contributions, including businesses and organizations. If you wish to contribute or know of anyone that would, please contact Mrs. Bertone Gross at Agawam High School or at pbertonegross@yahoo.com. She will be glad to answer any questions that you may have regarding the Earth Day Fair 2000.

All ages are welcome; families are encouraged to attend. There will be a special craft table set up for the children. It is a convenient time for families, as most adults should be home from work throughout these hours. If you wish to set-up a table with an exhibit, please remember that it must be four-feet or eight-feet.

Please join us on April 27th, and take advantage of the opportunity to learn more about your environment and surrounding community.

Exhibitors include Environmental Police; Department of Environmental Protection; Environmental Protection; Environmental Compliance Service; Holyoke Community College; Bay State Gas Co.; Northeast Utilities; AHS Career Center; Agawam Junior Women's Club; Forest Park Zoo; Hazmat; Naturalist Club; Allen Bird Club; Environmental Services; Springfield College; Environmental Protection Agency; Springfield Technical Community College; New England Animal Action; Berkshire Power Co.; Agawam Recycling Coordinator; AHS Student Exhibits; American Chestnut Society; Air Quality; Garden Club; 4-H; Appalachian Mountain Club; and Mr. Pulaski's bicycle.

If you would like to help out by recycling, bring the following:

OLD SNEAKERS — the physical education classes will be sending them to Nike to grind the soles to make soccer fields, running tracks, tennis courts, outdoor basketball courts, and playgrounds.

The Junior Women's Club will be collecting TONER CARTRIDGES, which will be recycled at UMass; SODA TABS for the Shriners Hospital and Ronald McDonald House; YARN for Hats for Hugs and Warm Up America; USED STAMPS for the Lithuanian Children's Fund; LABELS AND BOX-TOPS (like Campbell's soup) for education; and GREETING CARD FRONTS for St Jude's Hospital.

The Math Club will be collecting CANNED FOOD for the Open Pantry.

The Gas Company will be awarding a \$500 "Challenge Grant" to a group at the High School and will be raffling off a gas grill.

So, fill your car with relatives and neighbors (young and old) and join us in learning more about how we can help our environment.

* * *

PLEASE PICK UP YOUR OLD PHOTOS: If you've brought photos to our office for wedding announcements, scouting events, athletic teams, etc., we encourage you to pick them up during the month of April. As of April 30th, we will be disposing of all unclaimed photographs.

* * *

Agawam Middle School's Third Term HONOR ROLL

GRADE 5

Hana Al-Attar, Thomas Albano, Christopher Alvanos, Michael Andrews, Cassandra Ashwell, Elizabeth Avondo, Joel Bailey, Rachel Baptiste, Marissa Bazanchuk, Darryl Beane, Ryan Belisle, Christina Bertrand, Alyssa Bonavita, Andrea Braccialarghe, Caitlin Breault, Ashley Brinkmann, Glenna Brooks, Kayla Bryant, Lauren Chartier, Heather Coache, Michael Copeland.

Anthony Costa, Cassandra Daniels, Nicholas Dassatti, Kevin Daubitz, Caitlyn Davis, Andrew Dawson, Adam deLiefde, Daniel Demers, Anthony DePalma, Joshua Dion, Rachel Dionne, Courtney Doyle, Leah Drewnowski, Kida Ejesi, Andrew Fay, Stephen Ferrigno, Brian Foley, Linda Fortunato, John Foster, Ariana Galdamez.

Daniel Geiger, Christopher Ghidoni, Paul Glantz, Laura Gomes, Nicholas Goss, Caitlin Grimaldi, Michael Hajdamowicz, Karyn Heaton, Emma Hendry, Nathan Higgins, Eric Holt, Natalie Honsinger, Caitlin Hurley, Bradley Johnson, Samantha Justilian, Justine Kedzior, Carly Keeley, Jessica Kodess, Nicole Kozikowski, Courtney Kraus, Greggory Lane, Joseph Lepianka, Rebeca Lewin, Samantha Lisee, Jennifer Lough, Kathryn Lynch, Laura Lyons.

Kelly MacIntyre, Ashley Martin, Brian Merriam, Brittany Michel, Philip Mokrzycki, Erica Morris, Katelyn Morytko, Jeffrey Nation, Molly Nowill, Amelia O'Hare, Julie Parisien, Lindsey Pfau, Nicholas Pioggia, Timothy Piquette, Adam Plante, Kelly Poirier, Kurt Ripke, Amanda Riplone, Myungsun Ro,

Nicholas Roberts, Bryan Roy, Danielle Russo, Nicholas Savard, Meaghan Serra, Nickul Shah, Catelyn Smith.

Lauren Sotolotto, Cory St. Germain, Brendon Struck, Kathleen Thibodeau, Victoria Tran, Paul Trimboli III, Shaun Troy, Kelsi Watkins, Kelly Williamson, Megan Wills, Ashley-Anne Wolos, Kevin Yo, Michael Yo, Timothy Zucco.

GRADE 6

Anastasia Aversa, Anthony Bailey, Angelina Barbarisi, Thomas Barnes, Lisa Bobskill, Justin Chretien, Daniel Cirillo, Siearra Close, Keeley Conte, Laura Cote, Alycia Cove, Nicole Cristelli, Chantel Cudemi, Alison Dassatti, Erica De Barge, Nicholas Dimaio, Alexis Dumas, Brendan Ennis, Michelle Epaul, Nicole Frazier, Cassie Freeman, Alexander Friedrich, Stephanie Gamelli.

Gregory Gay, Tiara Ghedi, Alicia Holl, Justin Howe, Amber Korrigan, Faith King, Elizabeth Klimczak, Johannah Kos, Christine Kretschmar, Kelse LaPlante, Rebecca Largay, Lindsie Lavin, Monica Lefebvre, Morgan Leos, Peter Longhi, Mia Lovechio, Nicholas Lovotti, Julianne Lucas, Sarah MacFadzen, Angela Mancini, Kari Marceno, Alan Mesick, Jessica Morris, Emil Nasti, Jonathan O'Brien, Jason Olbrych, Matthew Oleksak.

Michael Ott, Alison Pariseau, Nicole Payeur, Christin Peters, Justin Pitoniak, Christopher Pittenger, Nicholas Pokora, Kara Powell, Laura Provost, Joseph Reutt, Nathan Rheault, Kevin Roberts, Paige Roberts, Carlo Ronca, Steven Rosinski, Matthew Sabola, Shelley Schivley, David St. John, Jr., Danielle Stark, Svetlana Surzhukov, Julie Warchol.

You turn our pages for all the local news ... AAN!!!

*** Lunch Box Special ***

Medium 1-Topping Pizza
2 Cans Of Coke \$7.00

— With Coupon —

(Expires 4/27/00)

★ Agawam Store Only ★

Not Good With Any Other Promotions

Domino's Pizza®
821-0800

289 Springfield Street
(Delivering To Agawam And Feeding Hills)

Pack 78 Scouts Are Busy Boys!!!

Pack 78 Scouts from Feeding Hills Congregational Church recently held their Pinewood Derby and a great time was had by all.

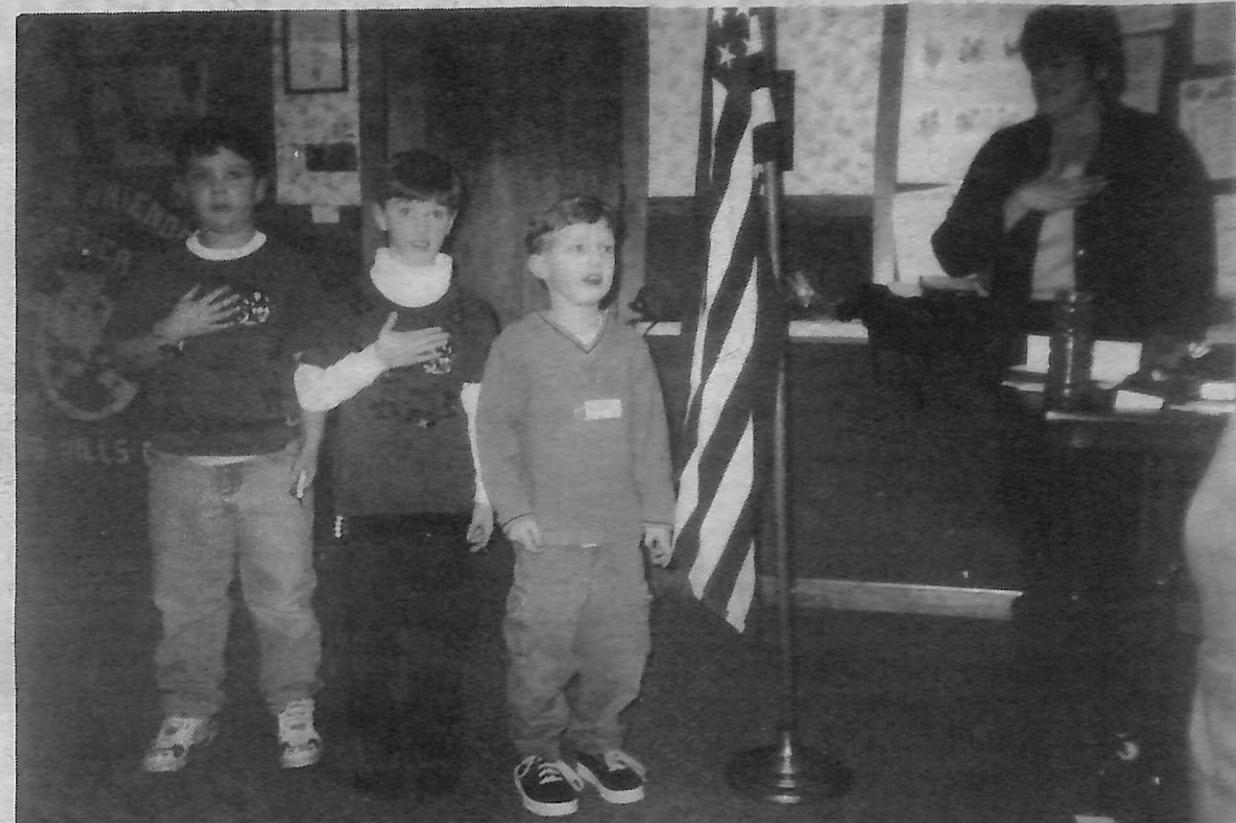
Parents and kids raced and it was a great turnout with some interesting cars. Den 2 recently took a tour of Bondi's Island. The parents were fascinated, along with the kids, learning how the process changes dirty water back to recycled clean water.

It doesn't look like much from Route 5, but the facility inside was immaculate and beautiful. The kids really learned a lot that day about the whole plant process from A to Z. Now, when they drive by the plant, they finally know what in in what looks like those big swimming pools!

The yearly Gold & Blue Banquet was held and a great time was had by all. The kids received all types of awards and recognition, along with the appreciated work the leaders put in.

The dens entertained their families displaying a bit of their talents from singing, magic tricks, jokes, right down to fun skits.

This active group is always learning and doing new things!



ADVERTISER NEWS

MIKE MARIANNI, NICHOLAS CORMIER, AND JORDAN MAGNOLIA lead the Pledge of Allegiance, with Cubmaster Donna O'Connor looking on.



AT A RECENT PACK MEETING, Mikey Meunier and Keith Wetmore entertain us with song.



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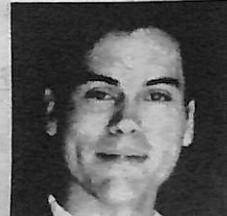
CUB SCOUTS FROM PACK 78 recently enjoyed a field trip to Bondi's Island.

SPRINGFIELD SYMPHONY ORCHESTRA presents

BRAVO! Broadway!

April 29 AT 8:00 PM

Celebrating the music of Rodgers and Hammerstein,
Irving Berlin, Andrew Lloyd Webber and more....



DOUG LABRECQUE

Phantom & Raoul
in Phantom of the
Opera and Ravelen
in Showboat.



JAN HORVATH

Christine & Carlotta
in the original
Broadway cast of
Phantom of the Opera.



MICHAEL MAGUIRE

Tony Award winner
Enjolras in the original
Broadway cast of Les
Miserables.



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25% Discount for groups of 10 or more

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PICTURED ABOVE are the members of teams "Germany" and "Singapore," the volleyball finalists who recently competed against each other at Agawam Junior High School. **Advertiser News** photo by Joan Lussier.



THE MEMBERS OF TEAM "Singapore," the eventual champion of the Agawam Junior High School volleyball competition. **Advertiser News** photo by Joan Lussier.

* * * * *

For photo coverage in *The AAN*, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice. Thank you for your cooperation in this matter...

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On Saturday, May 13th...

Agawam Jr. Women's Club To Sponsor Scholarship Raffle

The Agawam Junior Women's Club is sponsoring a Scholarship Raffle on Saturday, May 13th at Geissler's from 10:00 a.m.-2:00 p.m.

First prize is a photo session and 11x14 framed portrait at a sitting location of your choice for your entire family, provided by Creative Images Photography, a \$500 value. Second prize is a Basket of Memories valued at \$50, and third prize is a Memory Album Kit valued at \$50.

The drawing is Saturday, May 13th at 2:00 p.m. at Geissler's. Winners need not be present to win. Tickets may be obtained by mail (\$1 for a ticket or \$5 for a book of six) and your name will be entered in the drawing.

They may also be purchased from any club member. Entries by mail must be received before May 12th to be considered.

The proceeds of the raffle will benefit the Agawam Junior Women's Club Scholarship Fund, which helps Agawam High School students who are attending a two-, three-, or four-year college.

The Agawam Junior Women's Club is a member of the General Federation of Women's Clubs, Junior Membership.

On April 26th...

STCC's Senior Nursing Class To Sponsor Health Fair

On April 26th, the senior nursing class at Springfield Technical Community College will sponsor a health fair. The fair will be held from 9:00 a.m. until 3:00 p.m. in Building 2, Scibelli Hall, at the college located at 1 Armory Square in Springfield.

Through this health fair, the senior nursing class hopes to educate those on campus and in the surrounding community about illness prevention and wellness issues. Topics that will be addressed are diabetes, child safety, teen pregnancy, substance abuse, stress reduction, smoking cessation, and domestic violence.

Nursing students as well as other professionals will be available to answer questions. There will be guest speakers and informational brochures will be available to take home.

The health fair is open to the public. For further information, call the Nursing Dept. at STCC at 781-7822.

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Sports



IN LEFT PHOTO: Debbie Lickley (center), the coach of the AHS girls' varsity softball team, with team captains Jen Lyman (left) and Dianna DiStefano (right). **IN RIGHT PHOTO:** The 2000 season softball team; back row — Coach Lickley, Jen Lyman, Lisa Bienia, Vicky Taylor, Jenn Bishop, Dianna DiStefano, and Cait Conte; front row — Katie Ludwig, Danielle Bachini, Jen Burke, Jill Gendron, Keegan Clark, and Amanda Merola. Advertiser News photos by Dave Rollins.

Softball vs. Comp...

Brownies Reign In The Colts With 11-6 Victory

by Dave Rollins
Sports Editor

The Agawam High girls' softball team rolled on last Friday afternoon, April 14th, with an 11-6 win over visiting Chicopee Comp at chilly Harmon Smith Field. It was the Brownies' fifth victory in a row.

Kate Ludwig started for Agawam and got into some trouble early on. A leadoff single followed by two walks saw the Colts with the bases loaded and not an out to be seen anywhere.

Then the sophomore, who came in with a record of 2-0, reached back and dusted the next three Comp hitters to get out of the jam.

Agawam, as it has done in the previous four games, struck in the first inning. After second baseman Tiffany Blackman went down swinging, centerfielder Amanda Merola drew a walk and promptly swiped second. Catcher Dianna DiStefano singled and Merola took third.

DiStefano was out on a seesaw steal. Merola held at the corner. Shortstop Jill Gendron singled to left, driving in Merola and at the end of the one, Agawam had a 1-0 lead.

Ludwig was sharp in the second and Comp came up with a goose egg. Agawam, despite a centerfield double by designated hitter Jen Burke, also came up empty.

Ludwig came a cropper in the third. The leadoff Colt beat out a bunt and took second on a wild pitch. She dusted the next kid. Then, an error saw runners at second and third. Ludwig drilled the next batter, loading the bases. Another hit batsman brought a run home and kept the bases full. A walk saw another Colt cross the plate, making it 2-1, visitors.

Ludwig, whose control was now a mere memory, made it 3-1, Comp when she hit the next hitter. Coach Debbie Lickley had seen enough. Senior Danielle Bachini got the call. Bachini promptly walked the first batter she faced and it was 4-1, Colts. The next kid up grounded to short and Gendron went home, forcing the lead runner. Bachini, perhaps buoyed by the bang-bang play, ended the inning with a strikeout.

The Faithful Were Not Disappointed

The faithful, maybe a bit worried, were also pretty sure that a Lickley coached team would not go belly up without a fight. They didn't disappoint. Blackman (who would have three hits on the afternoon) led off with a double. Merola sacrificed bunted her to third. DiStefano then sent a roller through the third baseman's legs. The error sent Blackman home. DiStefano stole second. A Gendron double drove in DiStefano.

Another double, this one off the bat of senior leftfielder Jen Lyman, sent Gendron across the plate. When the clay dust cleared, Agawam had tied it at four.

The fourth dawned with Blackman on the hill for Agawam. Blackman got into a semi-jam by walking the first two Colts. A wild pitch, advancing the runners, didn't help her cause. The next Colt lined a shot to the third base side of shortstop. Gendron snared the ball in stride and seeing the runner a quarter of the way down the line, stepped on the bag for a double play. A groundout ended the inn-

Comp In A Jam In The Fourth
If there were to be a jam, it would be the one Comp experienced in the bottom of the fourth. Agawam sent 11 girls to the plate, producing six runs. Freshman first baseman Vicky Taylor started things off with a walk. Jen Bishop singled. Ludwig, switched to leftfield after her stint on the mound, was safe on what was intended to be a sac bunt to load the bases. Blackman also singled, driving home Taylor and Bishop.

Merola's single saw Blackman come home. DiStefano flew out. Gendron drew a walk. Lyman singled. Junior Keegan Clark checked in with a single sending Gendron across the plate. Burke flew out to left. Taylor, in her second at bat in the fourth, singled home Lyman for Agawam's sixth run of the inning.

Comp would manage its final two runs in the fifth on a walk and two singles. The Brownies also scored once more. Blackman singled, stole se-

cond, then third. Merola, becoming an excellent sacrifice bunter, did just that and Blackman raced across the dish.

"Well, this was a struggle for a while. Our offense and defense came through. We have to work on our pitching. But in the end, it was a win," Lickley smiled afterwards.

AGAWAM STATS: Blackman (3-4, 2B, 2RBI, 3RS); Merola (1-1, 2RBI, 1RS, 1SB); DiStefano (2-4, 1RBI, 1RS, 1SB); Gendron (2-3, 2B, 3RBI, 2RS); Lyman (2-4, 2B, 2RBI, 1RS); Clark (1-4, 1RBI, 1RS); Burke (1-4, 2B); Taylor (1-3, 1RBI, 1RS); Bishop (1-3, 1RS); Ludwig (1-1).

PITCHING: LUDWIG - 2 1/3 IP, 2H, 4R, 3ER, 4BB, 4SO, 9.00ERA; BACHINI - 2 2/3 IP, 0H, 0R, 0ER, 1BB, 0SO, 0.00ERA; BLACKMAN (w) - 4IP, 3H, 2R, 2ER, 6BB, 5SO, 3.50ERA.

Agawam: 11R, 15H, 1E, 5LOB. Comp: 6R, 5H, 1E, 13LOB.

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Girls' Track vs. Minnechaug...

AHS Wins 73-72 Upset On Last Leg

by Dave Rollins
Sports Editor

If joy were money, then last Thursday afternoon at Harmon Smith Field, the Agawam High girls' track team would have been wealthy. The reason -they beat last year's Valley League champion Minnechaug Regional High School, 73-72 and every Brownie on that team, from the coaches down to the greenest freshman, savored the moment. (It was the team's first win over Minnechaug since 1996.)

This one was, from the get-go, as tight as an airlock on the space shuttle. And it all came down to the final events. The Brownies, loaded with talented freshmen and some tough, veteran up-classesmen, had to push the envelope. "In almost every event, we picked up points, whether it was a first or a second. Every kid was right there," Assistant Coach Dan Pryce smiled.

According to Pryce and head Coach Dean Vecchiarelli, the Brownies set-up their dramatic win with an important victory in the 200 meters, where freshman Danielle Cirillo took a first in 29.3 and junior Lauren DeLuca placed second (29.9). The coaches also noted that senior performances from Kerry McGeoghan - a 4'10" win in the high jump (taking off on her opposite leg because of an injury) and Gina Loudfoot (a victory in the high hurdles, 18.3), greatly aided the cause.

It All Came Down To The 4x400

So, it all came down to the last event, the 4x400 and the relay team of freshman Allison Siedlik, freshman Kaitlin Sardella, freshman Jodie Pfau, and junior anchor Valerie Siedlik. The Falcons led, 2-68, with five team points on the line.

It was all spelled out on a dark cinder track in bright Brownie orange and Kelly green - Agawam needed a win if it was to win the meet. They came through. Siedlik, Sardella, and Pfau, youngsters running beyond their years, stayed with the powerful Falcons' 400 kids and gave Valerie Siedlik as best they could, a 30-meter deficit to overcome on the gun lap. Valerie was up against one of the fine young Minnechaug athletes, Sara McCarthy, a freshman and a Falcon varsity basketball player from last hoop season. McCarthy won a close 800-meter race earlier. But this wasn't a battle on the hardwood. It was a mano-a-mano duel in the great out-of-doors combining spikes and spunk.

Siedlik made up the difference. Both girls, faces stretched in the agony of their effort, were even in the final 100 meters. Batons gripped in pumping white-knuckled hands, they drag-raced towards the finish line, encouraged by an audience of screaming teammates on both sides. Siedlik (who was also a winner in the 400 individuals), tapping an inner strength, got the win by a leg length and a relay time of 4.49.5.

As an aside to the relay win, the pole vault, which was still ongoing during the 4x400, was a little drama in itself, although even before the relay race, it was known the Brownies had gained second and third, thereby setting up the final race.

Agawam junior Ashlee Lorraine finished second with a vault of 8 feet. Senior Lauren Kunkler was third at 6'6". Minnechaug's All-Western Mass. star Mary Hill kept raising the bar until she cleared 9'6". It was a show, but Agawam still had the win.

When it was officially announced to the anxious Agawam kids grouped around the coaches after the pole vault, they must have jumped almost as high as Hill.

Win Brings A Bunch Of Locals To The Next Level

The win also brought a bunch of Brownies to the next level. Freshman Andrea Babbin qualified for Western Mass. with a 15'2" long jump (second in the Minnechaug meet). McGeoghan (who will be out for three weeks because of her knee injury) qualified with that 4'10" high jump. And sophomore Kelly Cassidy will be in the tournament with her 33'6" triple jump. Ashlee Lorraine, with her 8-foot pole vault, is also going to Western Mass.

A bunch of Brownies qualified for the individuals. They were freshman Shannon McDyer (4'6") in the high jump; freshman Jodie Pfau in the 800 (2:41); freshman Kaitlin Sardella, also in the 800 (2:44); junior Amy Jensen, 1 mile (6 minutes flat); sophomore Kelly Cassidy, hurdles (54.4); senior Gina Loudfoot with high hurdles (18.3); and Lauren Kunkler with a 6'6" in the pole vault.

The 4x100 relay team of Danielle Cirillo, Angela Buendo, Andrea Babbin, and Lauren DeLuca won their race with ease, giving the Brownies five more precious points during the meet.

Freshman Nicole Gendreau also gained three key points for AHS with a second place in the two-mile run.

In the end, Vecchiarelli had to smile. "Yeah, this was a very satisfying day all around. We beat a heck of a team. But the kids earned the victory."

Baseball vs. South Hadley...

Brownies Strip The Stripes From The Tigers, 20-5, At Harmon Smith Field

by Dave Rollins
Sports Editor

Even old George Armstrong Custer would have to give the Agawam High baseball team grudging credit had he seen their 20-5 massacre of South Hadley High last Friday afternoon up at windy and chilly Harmon Smith Field. After defanging, declawing, and defeating the Tigers in the non-league game, Agawam's record rose to 3-1.

With ace Brian St. Jean still out for disciplinary reasons, southpaw Ben Lapins down with a bad left wing (tendonitis), and junior Lou Conte having pitched a day earlier, Coach Pete Clark went with Marc Barcomb. Now, the Tigers were rumored to be tough, perhaps even the class of the Suburban League. But the junior handled the advance publicity well.

He set down the visitors in order to start things out. Then his mates went to work. Brandon Donovan got the first inning festivities off with a single. Two outs later, with Donovan stranded on second after a stolen base, junior Tony LeClair rapped a single deep in the second-short hole, driving in Donovan. Lou Conte, in the designated hitter role this day, stalked to the plate. "Big Lou" promptly stroked a Chris Reyer fast ball to the netherlands of centerfield. By the time the ball came back in, Conte had himself a two-run round tripper. (Lou would have that homerun plus a triple, single, and four RBI's on the day.)

Brian Chechile lofted a wind-assisted double to left. Sean Mercadante, playing third for his injured brother, Derek (knee), then punched a single to center, sending Chechile home.

Junior catcher Corey Federico then singled to deep short. With two on and two outs, Aaron Gilbert reached on a third base error, which was good enough to drive in Mercadante and send Corey to third.

Brownies Up, 8-0

Donovan was up for the second time and singled again, driving in Federico. An error saw Jack Pearson get on base. Better still, he drove in Gilbert and Donovan. Agawam led, 8-0, when the final out of the inning was recorded, a LeClair pop to third. Thirteen Brownies went to the plate in the inning to get those eight runs.

Barcomb got into some second inning grief. A double, walk, and a one-out single which hopped over second saw the bases full. Another double resulted in two Tiger runs. Barcomb didn't seem ruffled. With men at second and third, he dusted the next Tiger and got the hitter after that to ground out on a nifty change.

The Brownies had cooled off a bit in their half of the inning. After a Conte line single to right, they went in order.

Barcomb struckout the first South Hadley hitter in the third, then gave up three straight singles, which resulted in two more Tiger runs. He settled down and got the final two outs on a pop and a grounder.

Agawam scored in the bottom of the inning. It was the classic example of how to manufacture a run. Gilbert drew a leadoff walk. He took second on a passed ball and using his centerfielder's speed, stole third. Donovan flew to shallow center and Gilbert had to hold his base. Pearson punched a lazy hopper to third. Gilbert, ever alert, was a third of the way down the third base line, waiting for the play. It went to first and he was home without even drawing a throw.

The teams went into the fourth with Agawam up, 9-4, and it stayed that way going into the fifth.

The Tigers' fifth started out with Gilbert making a nice sliding play in center on a sinking line drive. There were two outs when South Hadley catcher Chris McCain, hitting from the left side, caught up with a Barcomb heater and sent it into center, somewhere near downtown Springfield. If he had pulled that ball, the distance would have had it breaking someone's windshield four rows deep in the parking lot.

Prodigious Poke Puts A Charge Into Locals

That prodigious poke seemed to put a charge into the Brownies in their half of the fifth. Federico walked to lead things off. Gilbert then slashed a line shot to left-center which, partly because of his speed, resulted in a two-run homerun. Donovan, having an excellent game, got his third hit, a triple to the right-center gap.

A wind-blown pop single behind second by Pearson sent Donovan strolling home. Leftfielder Scott Harlin got into the hit parade with a wicked grounder down the left field line that rolled forever for a homerun, resulting in two more Brownie runs.

By this time, Tigers' Coach Matt Foley was looking for a few good men to pitch! LeClair squibbed a singled on the ground to left. The next guy, Conte, tripled to center, driving home the Brownie first baseman. Agawam would then strikeout three straight times to end the inning. But serious damage had been done to any hope the visitors had of winning this one.

The sixth saw Agawam up, 15-5. It also saw a new Brownie pitcher, junior Dan Boissonneault. He is a middle reliever. This time he came in to mop up and did his job with dispatch, promptly shutting down the visitors. And once more, the Agawam offense was asked to strut its stuff before the faithful in the sixth.

Gilbert walked to start things off. Donovan forced Gilbert at second. Pearson doubled, putting Brownies at second and third. Harlin walked to load them up. LeClair, with eyes like pie plates when he saw all those ducks on the pond, swung the bat with abandon and struckout. Conte didn't have to swing at all. He walked, driving in Donovan. Mike Hill, in for Chechile, blooped a single behind first that saw Pearson and Harlin increase the Brownies' lead. Agawam would have another bases loaded situation, but could not capitalize and the inning was over.

After a leadoff single, Boissonneault got three in a row, ending the game in the Tigers' seventh.

Conte, in his first varsity season, admitted it was his best game to date, at least at the plate. "Yeah, I felt good up there, very relaxed and very comfortable," the big junior smiled.

AGAWAM STATS: Donovan (3-6, 3B, 1RBI, 4RS, 1SB); Pearson (2-5, 2B, 2RBI, 2RS); Harlin (2-4, HR, 2RBI, 2RS); LeClair (2-5, 1RBI, 2RS); Conte (3-3, HR, 3B, 4RBI, 2RS); Chechile (1-3, 2B, 1RS); S. Mercadante (2-5, 2RBI, 1RS); Federico (1-3, 2RS); Gilbert (1-2, 4RBI, 3RS); Hill (1-2, 2RBI, 1RS).

PITCHING: Barcomb (w), 5IP, 7H, 5R, 5ER, 3SO, 2W, 7.00ERA. Boissonneault, 2IP, 2H, 0R, 0ER, 1SO, 1W, 0.00ERA.

Agawam - 20R, 17H, 3E, 8LOB. **South Hadley** - 5R, 9H, 5E, 9LOB.

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Profile...

Burke's Bat Helps AHS Girls To Fast Start

by Dave Rollins
Sports Editor

Jen Burke is helping the unbeaten (6-0 at this writing) Agawam High girls' softball team with her bat. Recently, the senior took some time out to talk about her days as a Brownie.

Jen is 18 years-old. Her birthday falls on November 20th. She has spent all four years of her secondary education at the High School. Her current course load includes physics, pottery, practical law, psychology, journalism (she is the entertainment writer for the school paper), English 12, physical education, and entrepreneurship.

Jen is on the honor roll, a member of the Renaissance Club, and the journalism honor society. Physics is her favorite course. Arthur Gage and Mary Murray are her top teachers.

Jen works on the weekends over at Richard's Grinders in West Springfield. She has just been promoted to store manager and highly recommends their steak and cheese grinder.

She'll be headed to Westfield State College this fall, with a major in business management. Eventually, she'd like to own her own business somewhere in the food industry.

Jen played field hockey in the fall. This is her first year with the varsity softball team. Her field position is catcher. She is the team's designated player this year. She likes both sports. "It just depends on the time of year," she smiled.

Her most memorable sports moment came when she was in the eighth grade. "Our softball team went 10-0 and we won our league. That was a fun time," she said.

She sees this edition of Brownie softball as *Boys' Volleyball vs. ELM...*

very talented and solid. "We have excellent hitters throughout the batting order, as well as a great defense," she noted.

Jen's favorite food is cheese pizza.

Navy blue is her favorite hue. A Honda Accord would be her choice for wheels.

Her top jock is former UCONN basketball star Jen Rizzoti. "I wear her number," Jen smiled.

She likes to kick back and relax at her friends' houses.

Her taste in clothes run to the casual - jeans, T-shirts, sandals. She buys them at the Holyoke Mall.

Rap suits her taste in tunes. Ruff Ryder is her favorite group. She has seen them in concert. They are awesome in person, according to Jen.

Dawson's Creek is her top TV show. *Austin Powers II* is her favorite flick.

Sharon is her mom. Jim is her dad. She has two brothers; Sean, a freshman and a soccer player, and Brian, who is in the sixth grade. He plays baseball and soccer and is nicknamed "shorty."

Jen says the person she looks up to most is her Aunt Joanie, on her mother's side. "She is a saint. She's a lot like my late grandmother, just a really nice person."

Jen would like to be remembered when her days at AHS are done as everybody's friend and someone who could make you smile.

Softball Coach Debbie Lickley said of her DP, "Jen is a utility player who can hit and we make sure she is someplace in the lineup for every game."



JEN BURKE

Spartans Visit AHS And Dominate Brownies

by Dave Rollins
Sports Editor

The Agawam High boys' volleyball team got bushwacked by visiting East Longmeadow Tuesday afternoon, 14-16, 15-7, 15-2.

Coach Pat Demers started Jeff Maynard on the right front, Vic Romano at center-front, and Mike Thomas at left-front. The back line was made up of Joe Maynard (left), Brad Theriaque (center), and Brian Forsman (right).

Forsman started the serving and served out. ELM had its service shut down by some good Agawam defense, led by Thomas and Jeff Maynard. Agawam got its first point of the first game on Romano's serve. Agawam went up, 2-0 off a Theriaque spike. After five minutes, it was still 2-1, Brownies when the points started to pile up.

Agawam got its third point off Forsman's service to lead, 3-1. Then, on their service, the Spartans went on a five-point run before hitting long to lead, 6-3.

It was Jeff Maynard's turn at the back corner for Agawam. He was helped at the start by a good defensive dig by Theriaque. Agawam came back to lead, 8-6, before Maynard served out. Three of those points came via a touch drop and two big cross-court spikes by Thomas off setups from Theriaque and Romano.

ELM came back on its service to take a 12-8 lead, despite some major blocks at the net by Ken Shaw and Thomas.

Thomas served out. Shaw got a point on his serve. Jeff Maynard spiked on the Spartans' next service attempt to give the ball back to his mates.

Forsman served with Agawam down, 12-9. Romano and Maynard blocked for a Brownie point, making it 12-10, visitors. A tip-out by the Brownies on ELM's next service saw the score 13-10. Thomas then served for the Brownies and got two points back on a long return and an out-of-bounds ball.

Locals Get Serve Back

ELM served next and Thomas, who was just about everywhere in this one, spiked to get Agawam's serve back. Shaw served out, so did the Spartans. Forsman was short. The visitors got another point on serve to lead, 14-12, then lost it when they had hands over the net. Jeff Maynard stepped to the back line.

The senior would serve out the game. It was 14-13 on an Agawam big double team block by Romano and Thomas. Thomas then spiked and got a net rider to tie things at 14. Another Thomas kill, set up by Shaw, saw Agawam go up, 15-14. Maynard was still serving and Agawam got the first game, 16-14 win on a drop block by Romano.

The second game had a Brownie front line of Thomas (right), Romano (center), and Jeff Maynard (left). They were backed up by Joe Maynard (right), Theriaque (center), and Forsman (left).

The Spartans served out. Jeff Maynard got three Agawam points on his serve, which was highlighted by a big point-scoring block by Joe Maynard.

ELM got its first point to make it 3-1. Romano's serve saw a nice Agawam point - a kill from Thomas off a classic set from Romano, who came up to make it work.

ELM tied things up at four and started to take control. They went up, 8-4, when Agawam got its serve back. Jeff Maynard got two points back on his service, making it 8-6, ELM. The visitors led, 9-6, when Romano, off a nice set by Forsman, got the serve back. Romano served out. ELM then went to work, outscoring the Brownies 6-1 down the stretch to win the second game, 15-7.

The third game was a disaster for Agawam. They never got untracked. Their two points came off Joe Maynard's service on an out-of-bounds return at 5-1, and another score on a Thomas serve.

Lack Of Communication & No Confidence

When it was over, Demers had no explanation to what happened, especially for the third game after her kids came back tough to win the first game. "I saw no communication and maybe no confidence. They were motivated in the first game. How can something like that disappear so quickly? We'll discuss it at practice," Demers said of her team, which stands at 4-3.

The Brownies are not even at the halfway point of their season and they already have the same number of total losses they had last year when they won the Southern Division title and got a high seed in the tournament.

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Boys' Track vs. Minnechaug...

Brownies Bow To Minnechaug Regional, 106-39

by Dave Rollins
Sports Editor

The Agawam High boys' track team lost to Minnechaug Regional on the same day the AHS girls' team recorded its victory. The final was 106-39. Brownie Coach Bill Dillon, in a year of rebuilding, while never liking to lose, was philosophical. "We need help in many events, so we have to mix and match."

He did stress, however, that while the team as a whole might need an upgrade, there are individuals who do step up for him.

Junior Tim Chretian was second in the triple jump at 35'2". That distance was a personal best for him. Junior Ryan Malanson took a third in the shot and the discus. The Brownies showed well in the javelin. Justin Mercieri spiked it out 128'10" for a first. His teammate, Phil Sampson, was second.

The pole vault was won by Agawam sophomore Brian Michel (9'6"). Teammate Joe Prova, a freshman, came in third with a vault of 7'6".

Out on the track, senior Tony Goodrow grabbed a third in the mile. Junior Adam Sprague was a runner-up in the high hurdles at 18.7. Freshman Ryan McGurn was third in that event with a 21 flat. The mile saw Agawam's Mike DeFilippi, a freshman, come in second at 5.09. The 400 meters had junior Chris Tedone with a second at 56 seconds flat.

In the 300 hurdles, Adam Sprague showed up again, taking second with a time of 46.1. The 200 meters had sophomore Steve Turner coming in third in a time of 26.5.

Interesting Ending To 4x400

The 4x400 relay was interesting. The Brownie boys won it, but not quite like the girls, though the ending was interesting. "They beat us in a very close race. But their anchor guy, when it ended, threw the baton up and away, obviously in celebration. You can't do that. So, the race was awarded to our kids. It's not the way you want to win something, but their anchor should have known better," Dillon noted.

Starting May 15th...

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Starting May 15th, there will be divisions for U17 boys/girls; college for open men/women, over 30's for men/women; over 40's coed/open; or request an age bracket. The cost is \$425 per team, and the registration deadline is May 1st.

What's more, sign up now for Twister summer camps. This is great fun for U13 and younger players, as well as an opportunity for them to learn skills from the pros.

The youth camps will be held in July and August. They cost \$80 for a half-day session (per week), and \$160 for a full-day session (per week). Call (413) 583-3435.

For further information, call (413) 569-1920 or (413) 533-9675, or look up www.mass.twisters.com on the World Wide Web.

* * *

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Girls' Varsity Tennis...

Agawam Loses A Close One To Palmer, 2-3

On Wednesday, April 12th, the Agawam High School girls' varsity tennis team lost a close contest to Palmer High School, 2-3.

In first singles, Kaitlin White of AHS dominated Kate Robert, 6-1, 6-4. According to the Brownies' coach, Mary Wolochowicz, "Katie White was the consistent player today. She remained patient and kept the ball in play. Kaitlin thought about placement and added some excitement by coming to the net quite successfully."

Liz Stieg, in the second singles slot, chalked up another victory for Agawam with a decisive victory over her opponent, 6-3, 6-1. Stieg hopes to go on a long winning streak, considering that the Brownies will now be competing in several league matches. During the April 12th contest, she controlled the match from the beginning, with just a few lapses in concentration.

Unfortunately for AHS, the rest of the matches on this day produced no more victories.

In third singles, substitute Jen Leupo (filling in for an ill Kelly Webb) fell to Palmer's Libby Whitney, 1-6, 6-3, 3-6.

Coach Wolochowicz stated, "This was Jen's first match of her first year on the team, so, of course, she was nervous, and it showed in the first set. In the second set, Jen worked really hard to come back and win. In the third set, however, Libby's experience came out and she beat Jen."

In a disappointing match, AHS's first doubles duo, Jen Jutte and Lisa Niedziela, lost to Amy Mandell and Jen Niedziela (no relation), 4-6, 4-6. The games went on and on with deuces, but the net play of Jen Niedziela put Palmer ahead.

Emily Morton and Brittany Shields, the Brownies' second doubles competitors, were the victims of a tough tandem, Sarah Charwich and Christina Demaio, 3-6, 4-6. Charwich, who is very tall, dominated the net. Morton and Shields had some great play, but they couldn't get by the more experienced Palmer team.

After the competition was over, Wolochowicz remarked, "This was the first league match for both teams. Last year, Agawam and Palmer shared second place in the league. We are going to have to work a bit harder to repeat that goal or to improve upon it."

"This match taught us that our doubles need some work or change, and that we have a good amount of potential in Jen Leupo."

Golf Tip Of The Week...

by Eric Nelson, PGA
Head Golf Professional
Oak Ridge Golf Club
Feeding Hills, MA



The 2000 Golf Season Is Here!!!

The 2000 golf season has arrived. Please let me introduce myself. My name is Eric Nelson, the Head Golf Professional at Oak Ridge Golf Club.

For the past several years, Jim Modzelesky, Director of Golf at Oak Ridge, has been bringing to the readers of *The Agawam Advertiser News* golf tips on a weekly basis. I look forward to continuing that tradition.

For the next 25 weeks, I will be offering quick and easy tips that will cover all aspects of the game. I hope these tips will be beneficial. To further enhance your game, whether you have never picked up a golf club or are a seasoned player, lessons are available. Contact me at Oak Ridge at 789-7307.

Once again in 2000, *The AAN* and Oak Ridge Golf Club will be co-sponsoring a Junior Golf Program. This year's program will be offered to children from ages seven through 16. More information and applications will be posted in May and early June issues of *The AAN*.

On May 18th from 4:00 to 7:00 p.m., Wilson Golf will be on hand at Longhi's Driving Range in Southwick. Be sure to mark your calendar! This will be a great opportunity to try Wilson's revolutionary "Fat Shaft Irons." Come and get custom-fit. Wilson will be offering a free trial-pak of their new "Smart-Core Golf Ball" to participants.

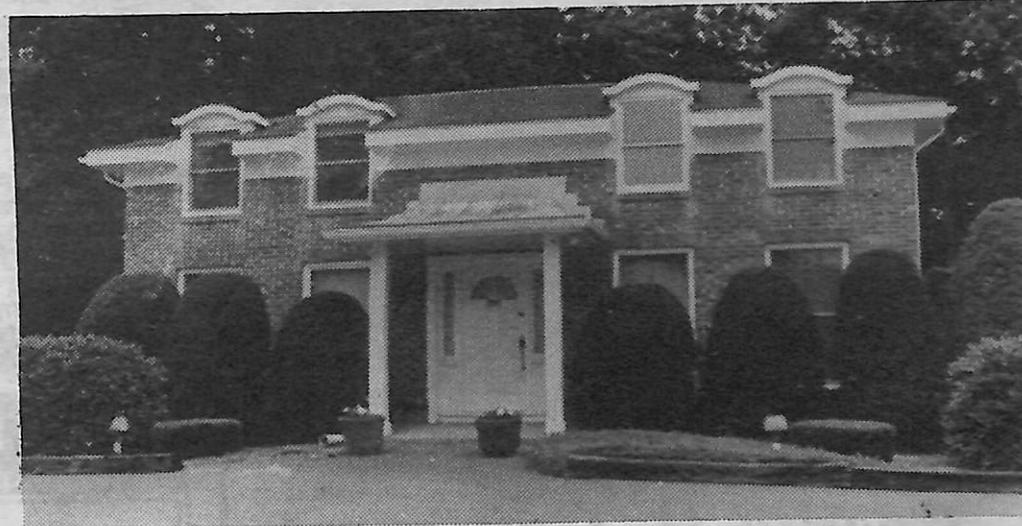
Let's all have an enjoyable golf season. Look for my first tip in this series next week in *The AAN*.

* * *

PLEASE PICK UP YOUR OLD PHOTOS: If you've brought photos to our office for wedding announcements, scouting events, athletic teams, etc., we encourage you to pick them up during the month of April. As of April 30th, we will be disposing of all unclaimed photographs.

* * *

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Golden Warriors Leave The Gray Sox Seeing Red, 31-25

The Agawam Golden Warriors defeated the previously unbeaten Gray Sox, 31-25, to win the Agawam Boys' 5th-6th Grade Basketball Championship.

The Warriors' tough, aggressive, man-to-man defense combined with an explosive fourth-quarter offense provided the winning edge against a very good Gray Sox basketball team.

The Gray Sox took the lead early, but the Warriors came on strong to capture the lead in the second quarter. Eight second-quarter points by Warriors' point guard Joseph Greaney and a tremendous defense by the entire Warriors team gave the Warriors a two-point lead at halftime.

Both teams battled back and forth throughout the second half until late in the game, when the Warriors finally took control. Clutch shooting down the stretch by Warriors guards Joseph Greaney and Jonathan Melendez, along with great Warriors defense by center Devin Ryan, power forward Mike Prisby, small forward Ryan Belisle, shooting guard David St. John, power forward Joel Melendez, and small forward Mike Blanchard gave the Warriors the narrow victory.

Warriors point guard Joseph Greaney earned the game's MVP honors with his fantastic defense and game high 16 points. Warriors shooting guard Jonathan Melendez was the game's second leading scorer with 10 second-half points.

Free throws from both Joseph Greaney and Jonathan Melendez in the closing minute of the game iced the game for the Warriors as they defeated the Gray Sox to win.

A special thanks to Christopher Sparks and the Agawam Park & Recreational Department for a well-run program. The coordinators, the scorer's table, and the referees all did a great job all season long. Their hard work and dedication was greatly appreciated. Thanks.

— ADVERTISER NEWS —



CONGRATULATIONS TO THE "GOLDEN WARRIORS," who won the Agawam Boys' 5th-6th Grade Basketball Championship. Back row: Coach Brian Greaney, Devin Ryan, Mike Prisby, Mike Blanchard, Joel Melendez, and Coach Don Prisby. Front row: Ryan Belisle, Joseph Greaney, Jonathan Melendez, and David St. John.

Tryouts/Registration Scheduled For Agawam Youth Cheerleaders' Pee Wee Squad

The Agawam Youth Cheerleaders' Pee Wee Squad will hold tryouts and registration for the 2000 cheerleading season at Robinson Park School on the following days:

Monday, April 24th, 5:00 to 7:00 p.m.; Tuesday, April 25th, 5:00 to 7:00 p.m.; and Wednesday, April 26th (tryouts), 5:00 to 7:00 p.m.

A \$1 fee will be charged to cover tryout expenses.

All children who are entering grades three and four in September 2000 will be eligible for the Pee Wee Squad.

Please note that a parent must be present at registration, as a child cannot participate without the required consent forms, signed by a parent or legal guardian.

For more information, please call Sue Svadba at 786-2592 or Irene Lemieux at 789-3071.

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Visitors Receive An 11-0 Pasting, Courtesy Of AHS

by Dave Rollins
Sports Editor

The Agawam High boys' lacrosse team had a date on Tuesday afternoon with a team from Rockville, Connecticut. We had no clue where these kids were from, other than Connecticut. So we asked as we walked across the windswept playing fields of Harmon Smith Field on the way to the stadium. "We're from just outside of Hartford," one of them said.

Well, they came a long way to be beaten up, 11-0, by a Brownie team, like many good teams in this area, who bring up a patsy or two now and then.

Agawam ran their record to 5-1.

To say Agawam was better than these guys was to say a Ferrari is better than a Yugo. Dave Moore scored first for Agawam 2:19 in. Moore, who is a star football, wrestler, and lacrosse player, had three goals in this game. There were many Brownies who had a hand in this win - Jim Evans, Brian McGuire, Mike Tercyak, and Brandon Blackak, from the get-go.

Keeper Mike DeCaro, a sophomore, didn't have a lot of chances but every one of the 10 shots he faced, he stopped.

Senior Shawn Gloster scored Agawam's second goal at the 8:42 mark. A minute later, Tony Ruscio scored on a bouncing blast from 15 feet out on the left side. The Brownie defense in the first quarter, was being run by Greg Boisvert, Brian Gilhooly, and Kevin Grealis.

The first quarter ended 3-0, Agawam. The Brownies went to work in the second 12 minutes. Rob Cullen jammed one in at the 2:35 mark as things were getting physical. The Ram defense, knowing Moore was a goal producer, leveled him at every opportunity. Gloster and Matt Poirier were walking through the Rockville defense. Agawam was attacking through the wings and the center zone. Rockville, in one of its own attacks, ran at the Brownie zone 6:40 in. At the seven-minute mark, DeCaro made a nice save.

5-0 Lead For Locals At Halftime

Agawam got a spin goal from Moore 3:30 in to start the second half. Ruscio, working out in front, hit at 5:19 to make it 7-0, Agawam. Ruscio and John Evans shot big on the Rams' net, but couldn't convert at the 7:35 mark. Tercyak and Moore went hard on the right side eight minutes in, but came up empty.

Agawam was picking up ground balls all over the place. They were racked up with a 7-0 lead after the third period.

The Brownies ran out the string with a goal from Evans, Ruscio (his third), Moore (his third), and Tyrone.

Daggett's Level 7 Girls Attend States In Ashland, MA

Joy Higley of Suffield, CT, and Sarah Kantany of Wilbraham attended last weekend's Massachusetts State Meet for Women's Junior Olympic Level 7 in Ashland. Both competed in the senior age group for Tim Daggett Gold Medal Gymnastics of Agawam and performed well.

Higley took the Balance Beam event with a 9.0 score and also placed well on Bars, capturing sixth place. In All-Around scoring, she then went on to keep fifth place with a 34.05 total.

Kantany scored consistently well in all events, with high scores of 8.8 on Floor and 8.6 on Vault.

In a separate invitational meet at Spectrum Gymnastics in Brockton, Daggett's Level 6 girls also did well.

In the 12-13 age group, Christine Lee of Windsor Locks, CT, led with three first places on Vault, Bars, and Beam with scores of 9.2, 8.5, and 9.0, respectively. Her sister, Danielle, took first in the remaining event, Floor, with a 9.1. Christine took first in All-Around scoring as well, followed by Danielle in second.

In the 10-11 age group, the girls met stiffer competition. Jaime Basilone of West Springfield did well on Vault, earning first with a 9.4, and third on Floor with an 8.7.

Kimberly Denee of East Windsor, CT, earned an 8.6 for second place on the Balance Beam, while Mia Salmeri of East Longmeadow scored a strong 8.7 on Vault.

Amy Bilodeau Scores A Hat Trick In Bentley's Latest Win

On Thursday, April 13th, Bentley College defeated Saint Anselm College, 13-7, in a Northeast-10 women's lacrosse game. The win came in Bentley's first road game of the 2000 season.

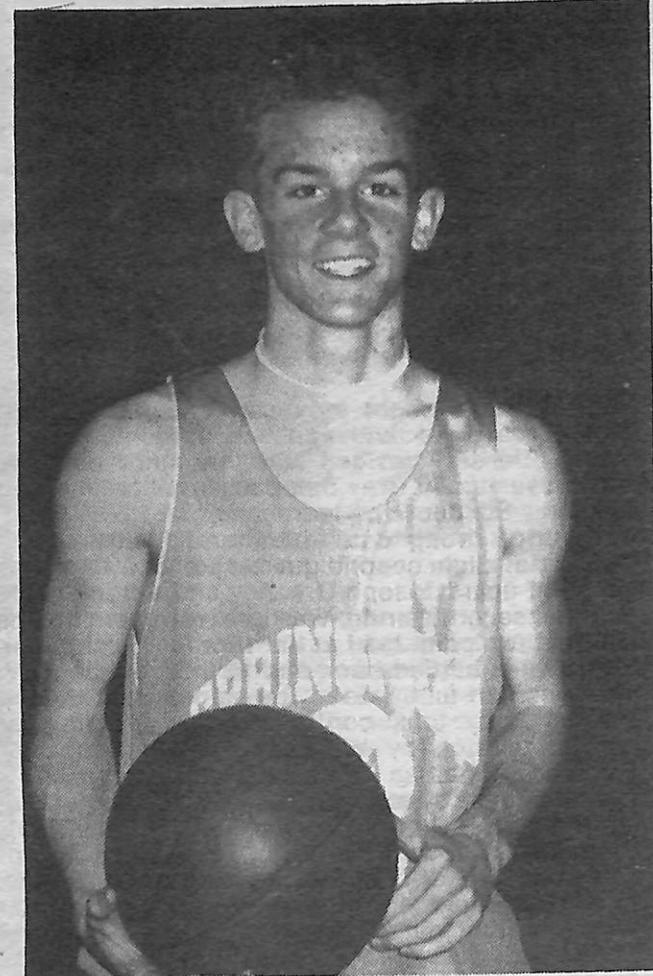
Bentley (5-2, 5-1 NE-10) led from start to finish, as it opened the game with five straight goals.

Among the athletes who contributed to the team's victory was junior Amy Bilodeau of Agawam, a graduate of Agawam High School. Bilodeau added a hat trick to Bentley's winning tally on April 13th.

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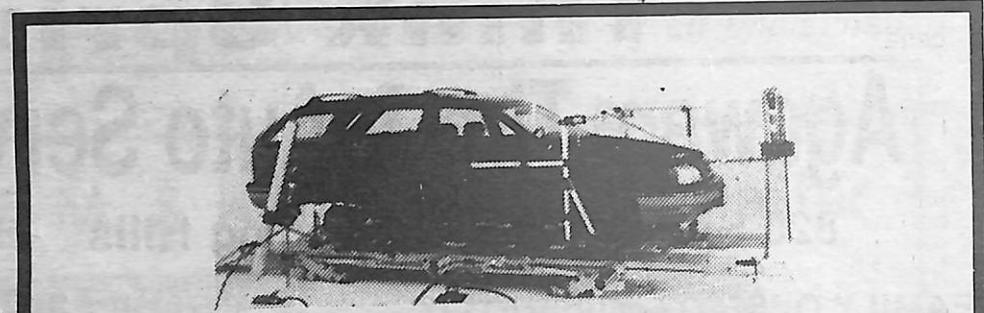
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At Springfield Christian School...

Mike Schnepp Excels For Basketball Team

Mike Schnepp of Feeding Hills, a member of the basketball team at the Springfield Christian School (627 State Street, Springfield), led the school's basketball team to an impressive 21-6 record this past winter.

Schnepp led the New England Christian School Athletic Conference in assists with over seven assists per game. He also earned the League's Sportsmanship Award.



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In Tri-Parish Bowling Action...

Catholic University Is Still In 1st Place With One Week Left

With one week to go, Catholic University held off Notre Dame to retain a 1½-point lead for the remaining roll-off position.

On Monday, April 10th, ND started the match big, with all of its bowlers going over 100. Barb "Barbie" Josephson led off with a 104; Maybeth "Miss Consistent" Coughlin followed with a 115; Cori "Lefty" Napolitan then hit a 112; and Flo "Rocky" Rochford finished up with a 123 for a neat 537 total and the first point.

Kath "Big Cat" Burlington, for CU, tried to keep her team close by rolling a 143 to no avail. It was still a 54-pin win for ND.

The second string was the reverse. Marsha "Smiley" Dobie ran a 108; Frank "Buck" Cerpovicz hit a 104; and the "Big Cat" came through with a 133 for a CU win by 28. For ND, "Lefty" Napolitan made it a little closer, bowling a nice 127.

The third string was decided by six pins; only the anchor bowlers were over 100. So, each team ended with two points going into the final night "position night" and will roll against each other again. CU's "Big Cat" Burlington did end up with a huge 380 series, and "Lefty" Napolitan led ND with a 337.

St. Mary could only take one point out of four from Holy Cross to stay in third place in the round.

Don "Reb" Stitt hit a 312, and sub anchor Paula "Wild Thing" Burke ran off a great 365 series for St. M., but HC anchor Ron "The Don" Menard had a super night (hitting a huge 397); his 146 third string beat the "Wild Thing's" 136, making for some great bowling and a close third string.

Because St. M. finished third and HC fourth, they will match up again in the "position night" bowling to see who will finish up third or fourth (or ever second).

Fordham tied Georgetown at two points each in a low-scoring match, so F'H is in fifth place going into the last night of the round.

"Jolly" Olly Muldrew won the anchor match-up over "Mighty" Debbie Poirier, 349 to 311, when "Mighty" ran out of power and could only bowl an 85 third string.

Boston College, still struggling to get out of the cellar, made a great but futile effort by winning over St. Louis, 3-1. For St. L., only sub Mary "Patsy" Patnaude ran off a series over 300 (a 309).

BC had three bowlers over 300: Betsy "Loaded" Cannon shot a 302; VI "Speedy" Massoia scored a 304; and Roger "Rabbit" Josephson (high for the team) hit a 338. The "Rabbit" must have had a new battery installed.

BC will face Georgetown on "position night" for a last chance to get out of the cellar.

THE STANDINGS AS OF APRIL 10TH:

Catholic University (Round Winner)	19½-5½
Notre Dame	18-10
St. Mary (Round Winner)	16-12
Holy Cross	14-14
Fordham (Round Winner)	13½-14½
St. Louis	13-15
Georgetown	10-18
Boston College	8-20

On Sunday, May 7th...

Spfld. Turnverein Slates First "Open Fishing Derby"

The Springfield Turnverein will sponsor its first "Open Fishing Derby" on Sunday morning, May 7th, from 8:30 a.m. to 1:00 p.m.

Admission is \$15, and lunch will be provided. It is open to adults, children, and whole families. Howard Sawyer and Jim Hadden are in charge of the event. They will be offering prizes of \$100, \$75, \$50, and \$25.

The Fishing Derby will be held on the grounds of the Springfield Turnverein at 176 Garden Street in Feeding Hills. In order to provide the best fishing conditions for the fishermen, advance ticket reservations are requested. Call Howard at 568-0364, Jim at 786-5202, or the Turnverein at 786-0928 as early as possible.

Any groups wishing to take advantage of this great opportunity should call Howard or Jim soon to make arrangements. Attendance is limited to 150 participants.

If this event is the success the Turnverein expects, this Fishing Derby will become an annual event.

At Mawaga Club's Annual Banquet



THE MAWAGA CLUB held its annual banquet on the club grounds (Adams Street, Agawam) in late March. IN TOP PHOTO: Club members Ernie Leithoff, Jim Martel, Jim Sherbo, Gary Prentice, and Paul Galaska. IN PHOTO BELOW: Charlie Baker, Jim Sherba, Paul Query, Dominic Tangredi, Bill Raymond, and Joseph Russo.



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Outdoors New England

by Kent Servis
Outdoor Writer

Alert! Regulation Changes On Herring In Connecticut...

The following is the newly-enacted change in the regulations regarding the taking of herring in Connecticut. The changes are now widely known and are not part of the printed abstracts that you get with your fishing license.

The Connecticut DEP maintains a web site where the following was found.

DEP Announces Expanded Herring Closures In Connecticut River And Its Tributaries And Coves

The Connecticut Department of Environmental Protection (DEP) today announced an expanded closure for the taking of alewives and blueback herring (river herring) for a section of the Connecticut River in the Hartford area. The taking of herring will be prohibited from all tributaries to the Connecticut River, Keeney Cove, Wethersfield Cove, and the Connecticut River mainstem between the Route 3/Putnam Bridge (Wethersfield/Glastonbury) and the railroad bridge (Hartford/East Hartford). The new closure also includes the discharge canal and all attendant structures of the Connecticut Resources Recovery plant in Hartford.

"The significant weakening in annual herring spawning runs in the Connecticut River and its tributaries observed in recent years has continued in spite of previous efforts to stem that decline," said Edward C. Parker, Chief of DEP's Bureau of Natural Resources. "This closure will further protect fish that are returning to their spawning areas throughout the state, and help rebuild dwindling stocks."

The new closure extends the closure first implemented in 1994 and expanded in 1999. The taking of river herring from the mainstems of the remaining portions of the Connecticut River, Housatonic River, Thames River, and Shetucket River to Greenville Dam is open from April 15th (the third Saturday in April) through June 15, 2000. The taking of river herring from all other coastal and inland streams and rivers is also open from April 15th until June 15th, but is prohibited from midnight Saturday to midnight Tuesday.

CONNECTICUT OPENING DAY PRODUCED A GOOD TURNOVR OF ANGLERS

The opening day of Connecticut's trout season produced the biggest crowd of fishermen I can recall at the Scantic River in Somers. A combination of warm (comparatively speaking) morning temperatures and some hot trout action kept everyone pleasantly cheerful.

In fact, it was nice for a change not to have to chip the ice off the guides on the rod all morning long.

Good friend George Powling of West Springfield accompanied me on the opening-day adventure, and we shared the camaraderie of a splendid morning and some fresh trout.

FISH REPORTS FRESH WATER

Trout action predominates in both the Bay State as well as Connecticut waters. Being an interstate lake, Congamond gets both fish and fishing pressure from both states.

Kurt over at Saunders Marina tells us that bass fishermen are doing well, with some nice-sized largemouth being weighed in.

The Connecticut River is still too high from the last storms and runoff to be producing. However, some reports are coming in from the lower river that some shad are being taken.

SALT WATER

Reports from party boat captains continue to come in regarding great cod fishing. In Massachusetts, Captain Andy of the Andy Lynn fleet reports nice catches of cod from Stellwagon Bank.

The Helen-H out of Hyannis also reports good catches of decent-sized fish, according to Captain Joe Huckmeyer.

Depending on the waters fished, Connecticut-based boats are doing fairly much the same as earlier with typical on again/off again action.

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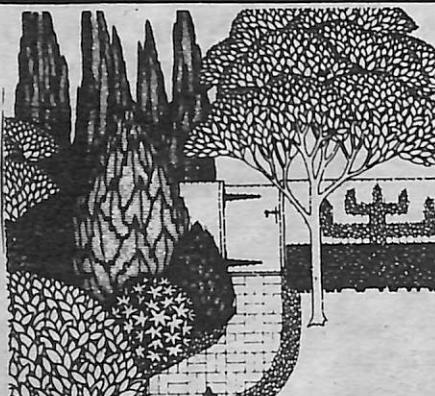
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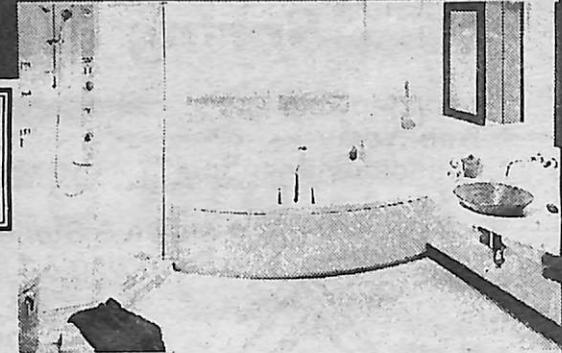
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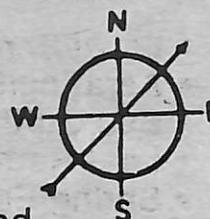
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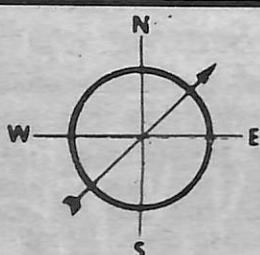
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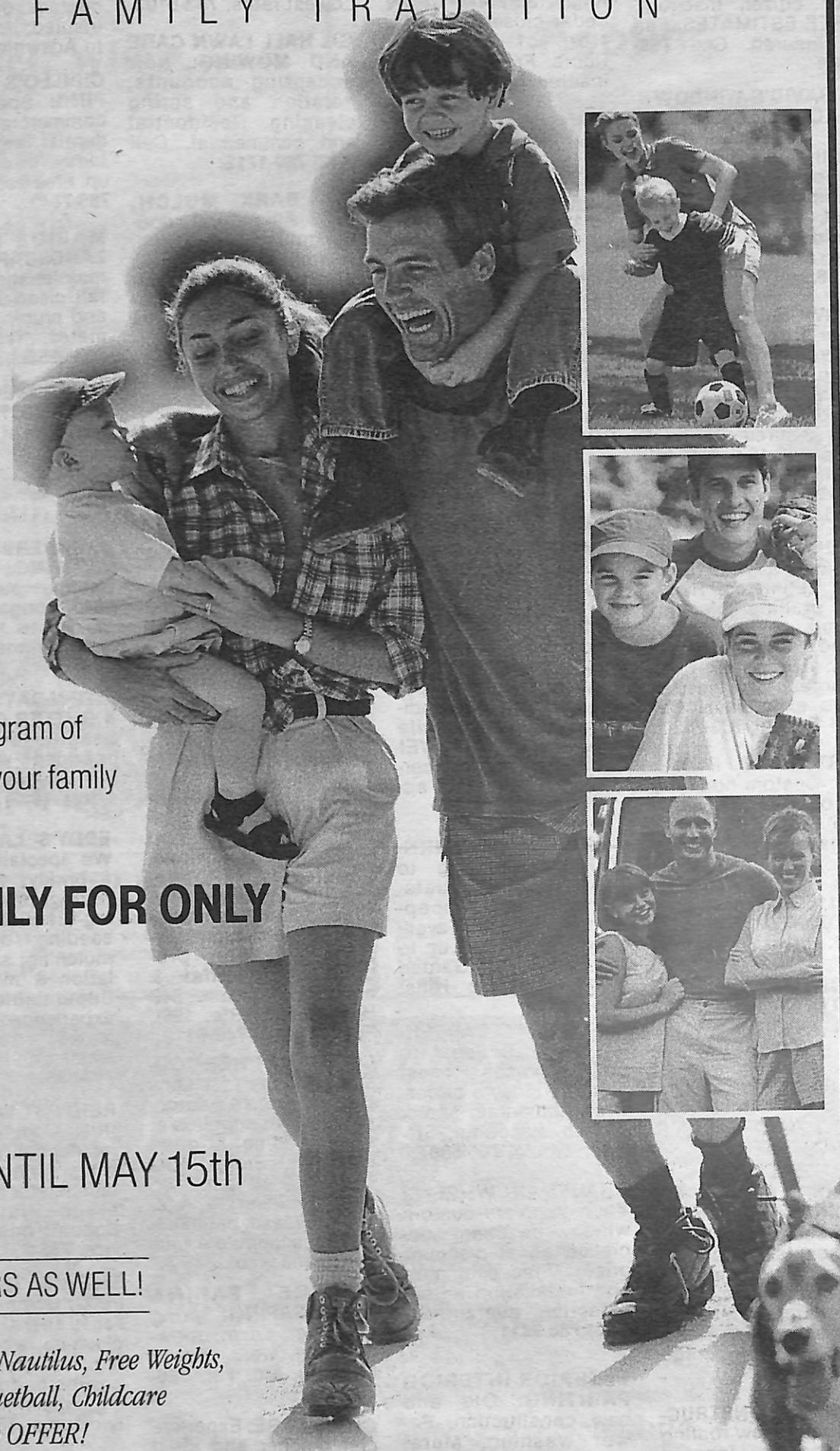
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